

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:29:44	37	Glasgow School of Sport (37) (FYA)	1	1	0:10:02	Millie McClelland-Brooks
				2	2	00:10:18	Katie Slimon
				3	1	00:09:24	Meredith Reid
2	0:29:56	25	Giffnock North AC (25) (FYA)	1	2	0:10:06	Katy Donnelly
				2	1	00:10:02	Kate Paul
				3	2	00:09:48	Zoe Flower
3	0:30:32	48	Kilbarchan AAC (48) (FYA)	1	4	0:10:14	Adele Street
				2	3	00:10:16	Chloe Cameron
				3	3	00:10:02	Aurelia Tiffoney
4	0:31:20	49	Kilbarchan AAC (49) (FYA)	1	5	0:10:20	Zara Redmond
				2	4	00:10:26	Abbie Alemu
				3	4	00:10:34	Rachel Muir
5	0:31:34	1	Ayr Seaforth AC (1) (FYA)	1	3	0:10:09	Iona Stroma Hubbard
				2	5	00:10:55	Sophie McColm
				3	5	00:10:30	Morven Hubbard
6	0:31:53	27	Giffnock North AC (27) (FYA)	1	10	0:10:51	Hazel O'Donoghue
				2	6	00:10:26	Kirsty Wylie
				3	6	00:10:36	Miriam Gilbride
7	0:32:00	8	Cambuslang Harriers (8) (FYA)	1	20	0:11:28	Lucy McGrandle
				2	12	00:10:32	Abbie McClue
				3	7	00:10:00	Susie Mclaughlin
8	0:32:21	21	Garscube Harriers (21) (FYA)	1	17	0:11:19	Millie Kirkland
				2	8	00:10:19	Amiya Patel
				3	8	00:10:43	Mia Padmanabhan
9	0:32:29	53	Kilmarnock H&AC (53) (FYA)	1	7	0:10:24	Olivia Warboys
				2	7	00:11:05	Ellie Anderson
				3	9	00:11:00	Laura Jedrusiak
10	0:32:32	41	Greenock Glenpark Harriers (41) (FYA)	1	8	0:10:27	Ava Beaton
				2	9	00:11:12	Katie Johnson
				3	10	00:10:53	Ruby McGill
11	0:32:58	50	Kilbarchan AAC (50) (FYA)	1	26	0:11:34	Kirsty Hutton
				2	16	00:10:52	Evie Livingstone
				3	11	00:10:32	Alisha Sivell
12	0:33:20	47	Inverclyde AC (47) (FYA)	1	11	0:10:55	Iris Paterson
				2	22	00:12:04	Orla McGeehan
				3	12	00:10:21	Abi Hammerman

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Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
13	0:33:25	67	North Ayrshire AC (67) (FYA)	1	38	0:12:13	Naideen Dailly
				2	25	00:11:10	Aoibha Ballard
				3	13	00:10:02	Niamh Murphy
14	0:33:45	54	Kilmarnock H&AC (54) (FYA)	1	15	0:11:12	Rachel Warboys
				2	15	00:11:12	Isla Raeburn
				3	14	00:11:21	Eilidh Ballantyne
15	0:33:48	28	Giffnock North AC (28) (FYA)	1	23	0:11:30	Caitlin McGeachy
				2	14	00:10:52	Melissa McIntosh
				3	15	00:11:26	Kirsten O'Donoghue
16	0:33:51	75	Springburn Harriers (75) (FYA)	1	46	0:12:17	Katie Lennon
				2	13	00:09:57	Rachel Giffen
				3	16	00:11:37	Nicola Farmer
17	0:34:05	17	East Kilbride AC (17) (FYA)	1	55	0:12:42	Lucy McGlynn
				2	38	00:11:53	Leah Muirhead
				3	17	00:09:30	Hannah Anderson
18	0:34:29	29	Giffnock North AC (29) (FYA)	1	21	0:11:29	Ruby Neilson
				2	24	00:11:33	Kiara Meiklejohn
				3	18	00:11:27	Emma Chamberlain
19	0:34:32	22	Garscube Harriers (22) (FYA)	1	31	0:11:56	Nina Padmanabhan
				2	26	00:11:28	Beth Trainer
				3	19	00:11:08	Ingrid Imrie
20	0:34:32	76	VP-Glasgow AC (76) (FYA)	1	47	0:12:18	Erin Downie
				2	29	00:11:32	Ruth Walsh
				3	21	00:10:42	Roisin Cameron Coyle
21	0:34:32	81	Whitemoss AAC (81) (FYA)	1	49	0:12:18	Rachel McPhillips
				2	31	00:11:47	Matilda Frew
				3	20	00:10:27	Charlie Frew
22	0:34:40	62	Law & District AAC (62) (FYA)	1	14	0:11:10	Joscelyn Kennedy
				2	17	00:11:20	Jessica Inglis
				3	22	00:12:10	Fiona Currie
23	0:34:41	78	VP-Glasgow AC (78) (FYA)	1	24	0:11:31	Jessica Donnelly
				2	27	00:11:54	Carys Murrison
				3	23	00:11:16	Rhian Callan

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Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
24	0:34:43	9	Cambuslang Harriers (9) (FYA)	1	25	0:11:31	Olivia McNicol
				2	35	00:12:46	Eilidh Kennedy
				3	24	00:10:26	Shona Carey
25	0:34:46	30	Giffnock North AC (30) (FYA)	1	35	0:12:05	Daisy Dalziel
				2	23	00:10:56	Tuscany Wright
				3	26	00:11:45	Emma McLennan
26	0:34:46	70	Shettleston Harriers (70) (FYA)	1	28	0:11:41	Katie Woods
				2	36	00:12:39	Amelia Roberts
				3	25	00:10:26	Elsie Hollywood
27	0:34:49	2	Ayr Seaforth AC (2) (FYA)	1	6	0:10:21	Sophie McCallum
				2	11	00:11:28	Clare McLaughlin
				3	27	00:13:00	Lucy Stanley
28	0:35:12	77	VP-Glasgow AC (77) (FYA)	1	43	0:12:17	Orla Stewart
				2	30	00:11:39	Hannah McDermott
				3	28	00:11:16	Jenna Little
29	0:35:24	71	Shettleston Harriers (71) (FYA)	1	27	0:11:38	Violet Campbell
				2	41	00:13:08	Chloe Fox
				3	29	00:10:38	Erin Ellor
30	0:35:46	45	Helensburgh AAC (45) (FYA)	1	39	0:12:15	Molly Ferguson
				2	37	00:12:10	Maddie Rooney
				3	30	00:11:21	Jennifer Scott
31	0:36:00	79	VP-Glasgow AC (79) (FYA)	1	34	0:12:04	Isla Donnelly
				2	43	00:12:51	Tess Welsh
				3	31	00:11:05	Amy Kirkpatrick
32	0:36:04	23	Garscube Harriers (23) (FYA)	1	62	0:13:07	Isla Rae
				2	47	00:12:08	Rachael Kirkland
				3	32	00:10:49	Isabelle Burnside
33	0:36:12	42	Greenock Glenpark Harriers (42) (FYA)	1	45	0:12:17	Summer Taggart
				2	34	00:11:59	Sophie Campbell
				3	33	00:11:56	Abbie Tosh
34	0:36:31	63	Law & District AAC (63) (FYA)	1	22	0:11:30	Ruth Hynd
				2	40	00:13:11	Susannah Kay
				3	34	00:11:50	Hannah Todd

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35	0:36:37	19	East Kilbride AC (19) (FYA)	1	41	0:12:16	Brodie McAneny
				2	33	00:11:58	Cara McAneny
				3	35	00:12:23	Abbie Kirwan
36	0:36:42	18	East Kilbride AC (18) (FYA)	1	51	0:12:25	Kayleigh Pew
				2	44	00:12:37	Hannah Kelly
				3	36	00:11:40	Emma Livingstone
37	0:36:44	31	Giffnock North AC (31) (FYA)	1	52	0:12:32	Hannah Sluman
				2	39	00:12:08	Ruby White
				3	37	00:12:04	Bethany Drummond
38	0:36:52	10	Cambuslang Harriers (10) (FYA)	1	48	0:12:18	Amy Mcgoldrick
				2	45	00:12:55	Francesca Fairweather
				3	38	00:11:39	Peggy-Nan Rodger
39	0:37:17	61	Kirkintilloch Olympians (61) (FYA)	1	44	0:12:17	Miho Sharp
				2	42	00:12:31	Mhairi McGregor
				3	39	00:12:29	Rachel Paton
40	0:37:23	43	Greenock Glenpark Harriers (43) (FYA)	1	33	0:12:00	Maria McCabe
				2	32	00:12:12	Sophie McGinty
				3	40	00:13:11	Olivia Trainer
41	0:37:28	32	Giffnock North AC (32) (FYA)	1	57	0:12:52	Scarlett Scott
				2	46	00:12:21	Mia McBain
				3	41	00:12:15	Abigail Flower
42	0:38:31	68	North Ayrshire AC (68) (FYA)	1	42	0:12:16	Abby Docherty
				2	51	00:13:56	Rana Tatar
				3	42	00:12:19	Leah Murray
43	0:39:02	14	Clydesdale Harriers (14) (FYA)	1	61	0:13:07	Lucy Denholm
				2	54	00:13:22	Millie Robertson
				3	43	00:12:33	Polly Anderson
44	0:39:12	72	Shettleston Harriers (72) (FYA)	1	40	0:12:15	Emma Leiper
				2	61	00:15:11	Erin Orr
				3	44	00:11:46	Jessica Grant

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45	0:39:39	33	Giffnock North AC (33) (FYA)	1	75	0:14:28	Holly Walsh
				2	59	00:12:45	Gabrielle Paddison
				3	45	00:12:26	Caitlin Smillie
46	0:40:07	65	Law & District AAC (65) (FYA)	1	67	0:13:25	Kirsty Currie
				2	48	00:11:56	Melissa Currie
				3	46	00:14:46	Elizabeth Kay
47	0:40:30	20	East Kilbride AC (20) (FYA)	1	68	0:13:25	Sophia Carlin
				2	50	00:12:35	Gracie Carlin
				3	47	00:14:30	Charlotte Evans
48	0:40:49	69	North Ayrshire AC (69) (FYA)	1	70	0:13:33	Alice Goldie
				2	62	00:14:02	Amy Dickson
				3	48	00:13:14	Niamh Gaffney

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	00:09:24	832	Meredith Reid	F- FU17	Glasgow School of Sport	3
2	00:09:30	770	Hannah Anderson	F- FU17	East Kilbride AC	3
3	00:09:48	799	Zoe Flower	F- FU17	Giffnock North AC	3
4	00:09:57	954	Rachel Giffen	F- GU15	Springburn Harriers	2
5	00:10:00	742	Susie McLaughlin	F- FU17	Cambuslang Harriers	3
6	00:10:02	929	Niamh Murphy	F- FU17	North Ayrshire AC	3
7	0:10:02	835	Millie McClelland-Brooks	F- GU13	Glasgow School of Sport	1
8	00:10:02	825	Kate Paul	F- GU15	Giffnock North AC	2
9	00:10:02	875	Aurelia Tiffoney	F- FU17	Kilbarchan AAC	3
10	0:10:06	805	Katy Donnelly	F- GU13	Giffnock North AC	1
11	0:10:09	727	Iona Stroma Hubbard	F- GU13	Ayr Seaforth AC	1
12	0:10:14	881	Adele Street	F- GU13	Kilbarchan AAC	1
13	00:10:16	883	Chloe Cameron	F- GU15	Kilbarchan AAC	2
14	00:10:18	839	Katie Slimon	F- GU15	Glasgow School of Sport	2
15	00:10:19	795	Amiya Patel	F- GU15	Garscube Harriers	2
16	00:10:20	826	Isla Scott	F- GU15	Giffnock North AC	2
17	0:10:20	880	Zara Redmond	F- GU13	Kilbarchan AAC	1
18	0:10:21	729	Sophie McCallum	F- GU13	Ayr Seaforth AC	1
19	00:10:21	866	Abi Hammerman	F- FU17	Inverclyde AC	3
20	0:10:24	901	Olivia Warboys	F- GU13	Kilmarnock H&AC	1
21	00:10:26	882	Abbie Alemu	F- GU15	Kilbarchan AAC	2
22	00:10:26	741	Shona Carey	F- FU17	Cambuslang Harriers	3
23	00:10:26	939	Elsie Hollywood	F- FU17	Shettleston Harriers	3
24	00:10:26	830	Kirsty Wylie	F- GU15	Giffnock North AC	2
25	0:10:27	846	Ava Beaton	F- GU13	Greenock Glenpark Harriers	1
26	00:10:27	973	Charlie Frew	F- FU17	Whitemoss AAC	3
27	00:10:30	723	Morven Hubbard	F- FU17	Ayr Seaforth AC	3
28	00:10:32	757	Abbie McClue	F- GU15	Cambuslang Harriers	2
29	00:10:32	874	Alisha Sivell	F- FU17	Kilbarchan AAC	3
30	00:10:34	873	Rachel Muir	F- FU17	Kilbarchan AAC	3
31	00:10:36	801	Miriam Gilbride	F- FU17	Giffnock North AC	3
32	00:10:38	948	Erin Ellor	F- GU15	Shettleston Harriers	3
33	00:10:42	956	Roisin Cameron Coyle	F- FU17	VP-Glasgow AC	3
34	0:10:43	834	Sophie Frater	F- GU13	Glasgow School of Sport	1
35	00:10:43	786	Mia Padmanabhan	F- FU17	Garscube Harriers	3
36	00:10:47	928	Skye Rae	F- GU15	Nithsdale AC	2
37	00:10:49	783	Isabelle Burnside	F- FU17	Garscube Harriers	3
38	0:10:51	810	Hazel O'Donoghue	F- GU13	Giffnock North AC	1
39	00:10:52	821	Melissa McIntosh	F- GU15	Giffnock North AC	2
40	00:10:52	886	Evie Livingstone	F- GU15	Kilbarchan AAC	2
41	00:10:53	858	Ruby McGill	F- GU15	Greenock Glenpark Harriers	3
42	0:10:55	867	Iris Paterson	F- GU13	Inverclyde AC	1
43	00:10:55	737	Sophie McColm	F- GU15	Ayr Seaforth AC	2
44	00:10:56	829	Tuscany Wright	F- GU15	Giffnock North AC	2
45	00:11:00	890	Laura Jedrusiak	F- FU17	Kilmarnock H&AC	3
46	00:11:05	957	Amy Kirkpatrick	F- FU17	VP-Glasgow AC	3
47	00:11:05	903	Ellie Anderson	F- GU15	Kilmarnock H&AC	2
48	0:11:06	728	Anna Kirk	F- GU13	Ayr Seaforth AC	1
49	00:11:08	794	Ingrid Imrie	F- GU15	Garscube Harriers	3
50	0:11:08	879	Cara McMinn	F- GU13	Kilbarchan AAC	1

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
51	00:11:10	933	Aoibha Ballard	F- GU15	North Ayrshire AC	2
52	0:11:10	919	Joscelyn Kennedy	F- GU13	Law & District AAC	1
53	00:11:12	857	Katie Johnson	F- GU15	Greenock Glenpark Harriers	2
54	0:11:12	902	Rachel Warboys	F- GU13	Kilmarnock H&AC	1
55	00:11:12	907	Isla Raeburn	F- GU15	Kilmarnock H&AC	2
56	0:11:15	899	Isla Tonner	F- GU13	Kilmarnock H&AC	1
57	00:11:16	958	Jenna Little	F- FU17	VP-Glasgow AC	3
58	00:11:16	955	Rhian Callan	F- FU17	VP-Glasgow AC	3
59	00:11:16	906	Lucy Hoy	F- GU15	Kilmarnock H&AC	2
60	0:11:19	789	Millie Kirkland	F- GU13	Garscube Harriers	1
61	00:11:20	917	Jessica Inglis	F- GU13	Law & District AAC	2
62	0:11:21	893	Libby Henderson	F- GU13	Kilmarnock H&AC	1
63	00:11:21	860	Jennifer Scott	F- FU17	Helensburgh AAC	3
64	00:11:21	889	Eilidh Ballantyne	F- FU17	Kilmarnock H&AC	3
65	0:11:23	815	Amy Vincent	F- GU13	Giffnock North AC	1
66	00:11:26	802	Kirsten O'Donoghue	F- FU17	Giffnock North AC	3
67	00:11:27	797	Emma Chamberlain	F- FU17	Giffnock North AC	3
68	00:11:28	796	Beth Trainer	F- GU15	Garscube Harriers	2
69	00:11:28	738	Clare McLaughlin	F- GU15	Ayr Seaforth AC	2
70	0:11:28	751	Lucy McGrandle	F- GU13	Cambuslang Harriers	1
71	0:11:29	809	Ruby Neilson	F- GU13	Giffnock North AC	1
72	00:11:29	905	KIRSTY HOWE	F- GU15	Kilmarnock H&AC	2
73	0:11:30	808	Caitlin McGeachy	F- GU13	Giffnock North AC	1
74	0:11:30	916	Ruth Hynd	F- GU13	Law & District AAC	1
75	0:11:31	752	Olivia McNicol	F- GU13	Cambuslang Harriers	1
76	0:11:31	961	Jessica Donnelly	F- GU13	VP-Glasgow AC	1
77	00:11:32	968	Ruth Walsh	F- GU13	VP-Glasgow AC	2
78	00:11:33	823	Kiara Meiklejohn	F- GU15	Giffnock North AC	2
79	0:11:34	877	Kirsty Hutton	F- GU13	Kilbarchan AAC	1
80	00:11:37	950	Nicola Farmer	F- FU17	Springburn Harriers	3
81	00:11:38	887	Isla Marshall	F- GU15	Kilbarchan AAC	2
82	0:11:38	941	Violet Campbell	F- GU13	Shettleston Harriers	1
83	00:11:39	744	Peggy-Nan Rodger	F- FU17	Cambuslang Harriers	3
84	00:11:39	964	Hannah McDermott	F- GU13	VP-Glasgow AC	2
85	00:11:40	772	Emma Livingstone	F- FU17	East Kilbride AC	3
86	0:11:41	947	Katie Woods	F- GU13	Shettleston Harriers	1
87	0:11:43	836	Annie McLean	F- GU13	Glasgow School of Sport	1
88	00:11:45	822	Emma McLennan	F- GU15	Giffnock North AC	3
89	00:11:46	949	Jessica Grant	F- GU15	Shettleston Harriers	3
90	00:11:47	975	Matilda Frew	F- GU15	Whitemoss AAC	2
91	00:11:50	925	Hannah Todd	F- GU15	Law & District AAC	3
92	0:11:50	952	Ruby Lennon	F- GU13	Springburn Harriers	1
93	00:11:53	782	Leah Muirhead	F- GU15	East Kilbride AC	2
94	00:11:54	965	Carys Murrison	F- GU13	VP-Glasgow AC	2
95	0:11:56	791	Nina Padmanabhan	F- GU13	Garscube Harriers	1
96	00:11:56	915	Melissa Currie	F- GU13	Law & District AAC	2
97	00:11:56	843	Abbie Tosh	F- FU17	Greenock Glenpark Harriers	3
98	00:11:58	781	Cara McAneny	F- GU15	East Kilbride AC	2
99	00:11:59	854	Sophie Campbell	F- GU15	Greenock Glenpark Harriers	2
100	0:11:59	927	Kate Thomson	F- GU13	Nithsdale AC	1

Young Female split time on any leg

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101	0:12:00	849	Maria McCabe	F- GU13	Greenock Glenpark Harriers	1
102	00:12:04	818	Bethany Drummond	F- GU15	Giffnock North AC	3
103	0:12:04	960	Isla Donnelly	F- GU13	VP-Glasgow AC	1
104	00:12:04	868	Orla McGeehan	F- GU15	Inverclyde AC	2
105	0:12:05	804	Daisy Dalziel	F- GU13	Giffnock North AC	1
106	0:12:05	898	Lily Murray	F- GU13	Kilmarnock H&AC	1
107	00:12:08	790	Rachael Kirkland	F- GU13	Garscube Harriers	2
108	00:12:08	828	Ruby White	F- GU15	Giffnock North AC	2
109	00:12:10	923	Fiona Currie	F- GU15	Law & District AAC	3
110	00:12:10	864	Maddie Rooney	F- GU15	Helensburgh AAC	2
111	0:12:11	922	Lindsay Wishart	F- GU13	Law & District AAC	1
112	00:12:12	851	Sophie McGinty	F- GU13	Greenock Glenpark Harriers	2
113	0:12:13	930	Naideen Dailly	F- GU13	North Ayrshire AC	1
114	0:12:15	861	Molly Ferguson	F- GU13	Helensburgh AAC	1
115	0:12:15	944	Emma Leiper	F- GU13	Shettleston Harriers	1
116	00:12:15	819	Abigail Flower	F- GU15	Giffnock North AC	3
117	0:12:16	774	Brodie McAneny	F- GU13	East Kilbride AC	1
118	0:12:16	931	Abby Docherty	F- GU13	North Ayrshire AC	1
119	0:12:17	852	Summer Taggart	F- GU13	Greenock Glenpark Harriers	1
120	0:12:17	909	Miho Sharp	F- GU13	Kirkintilloch Olympians	1
121	0:12:17	953	Katie Lennon	F- GU13	Springburn Harriers	1
122	0:12:17	967	Orla Stewart	F- GU13	VP-Glasgow AC	1
123	0:12:18	750	Amy Mcgoldrick	F- GU13	Cambuslang Harriers	1
124	0:12:18	767	Rebekah Lawman	F- GU13	Cumbernauld AAC	1
125	0:12:18	962	Erin Downie	F- GU13	VP-Glasgow AC	1
126	0:12:18	974	Rachel McPhillips	F- GU13	Whitemoss AAC	1
127	00:12:19	936	Leah Murray	F- GU15	North Ayrshire AC	3
128	00:12:21	820	Mia McBain	F- GU15	Giffnock North AC	2
129	00:12:23	771	Abbie Kirwan	F- FU17	East Kilbride AC	3
130	0:12:25	777	Kayleigh Pew	F- GU13	East Kilbride AC	1
131	00:12:26	827	Caitlin Smillie	F- GU15	Giffnock North AC	3
132	00:12:27	896	Emma Morrison	F- GU13	Kilmarnock H&AC	2
133	00:12:29	908	Rachel Paton	F- FU17	Kirkintilloch Olympians	3
134	00:12:31	910	Mhairi McGregor	F- GU15	Kirkintilloch Olympians	2
135	0:12:32	814	Hannah Sluman	F- GU13	Giffnock North AC	1
136	00:12:33	764	Polly Anderson	F- GU15	Clydesdale Harriers	3
137	00:12:35	778	Gracie Carlin	F- GU15	East Kilbride AC	2
138	0:12:36	895	Amelka Jedrusiak	F- GU13	Kilmarnock H&AC	1
139	0:12:37	940	Katie Burns	F- GU13	Shettleston Harriers	1
140	00:12:37	780	Hannah Kelly	F- GU15	East Kilbride AC	2
141	00:12:39	946	Amelia Roberts	F- GU13	Shettleston Harriers	2
142	0:12:42	775	Lucy McGlynn	F- GU13	East Kilbride AC	1
143	0:12:45	787	Anna Chapman	F- GU13	Garscube Harriers	1
144	00:12:45	812	Gabrielle Paddison	F- GU13	Giffnock North AC	2
145	00:12:46	755	Eilidh Kennedy	F- GU15	Cambuslang Harriers	2
146	00:12:51	894	Molly Hunter	F- GU13	Kilmarnock H&AC	2
147	00:12:51	971	Tess Welsh	F- GU15	VP-Glasgow AC	2
148	0:12:52	813	Scarlett Scott	F- GU13	Giffnock North AC	1
149	00:12:55	754	Francesca Fairweather	F- GU15	Cambuslang Harriers	2
150	0:12:58	892	Carly Fraser	F- GU13	Kilmarnock H&AC	1

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:26:09	135	Giffnock North AC (135) (MYA)	1	1	0:09:02	Craig Shennan
				2	1	00:08:41	Reuben Macdonald
				3	1	00:08:26	Harris Paterson
2	0:27:06	136	Giffnock North AC (136) (MYA)	1	3	0:09:19	Alasdair Nugent
				2	3	00:08:57	Cameron Deverill
				3	2	00:08:50	Ethan Carolan
3	0:27:27	137	Giffnock North AC (137) (MYA)	1	6	0:09:40	Oliver Bryers
				2	4	00:09:03	Alex Robin
				3	3	00:08:44	Ross O'brien
4	0:27:29	161	Kilmarnock H&AC (161) (MYA)	1	2	0:09:04	Sam Rice
				2	2	00:09:07	Jamie Phillips
				3	4	00:09:18	Davie Houston
5	0:28:05	138	Giffnock North AC (138) (MYA)	1	7	0:09:45	Jack Wallace
				2	6	00:09:35	Hugh Shiels
				3	6	00:08:45	Jacob Luc
6	0:28:05	151	Inverclyde AC (151) (MYA)	1	8	0:09:50	Oliver Wagstaff
				2	5	00:09:20	Tayven Adamson
				3	5	00:08:55	Josh Law
7	0:28:19	139	Giffnock North AC (139) (MYA)	1	4	0:09:32	Cameron Harris
				2	7	00:09:49	Matthew Murphy
				3	7	00:08:58	Blayne Wright
8	0:28:24	180	VP-Glasgow AC (180) (MYA)	1	16	0:10:27	Kyle Flockhart
				2	9	00:09:01	Saul McGlennan
				3	8	00:08:56	Callum Byrne
9	0:28:26	132	Garscube Harriers (132) (MYA)	1	5	0:09:35	James Alexander
				2	8	00:09:48	Matthew Burnside
				3	9	00:09:03	Callum Miller
10	0:28:37	147	Greenock Glenpark Harriers (147) (MYA)	1	12	0:10:20	David Docherty
				2	16	00:09:59	Harris Morrison
				3	10	00:08:18	Harry Lloyd McGill
11	0:28:42	154	Kilbarchan AAC (154) (MYA)	1	15	0:10:27	Ryan Fitzpatrick
				2	15	00:09:44	Joshua McKinley
				3	11	00:08:31	Lewis Hannigan

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
12	0:29:07	117	Cambuslang Harriers (117) (MYA)	1	30	0:10:43	Hamish Gardner
				2	14	00:09:23	Fearghus MacGregor
				3	12	00:09:01	Michael Black
13	0:29:10	125	Cumbernauld AAC (125) (MYA)	1	14	0:10:25	Grant McEachern
				2	13	00:09:32	Calum Mackenzie
				3	13	00:09:13	Alasdair McMonagle
14	0:29:18	155	Kilbarchan AAC (155) (MYA)	1	36	0:11:00	Robbie Stevenson
				2	21	00:09:42	Luke Lindsay
				3	14	00:08:36	Lewis Barclay
15	0:29:19	162	Kilmarnock H&AC (162) (MYA)	1	28	0:10:41	Cameron McGarey
				2	11	00:09:01	Jonathon Downey
				3	15	00:09:37	Ryan Littlejohn
16	0:29:30	175	Shettleston Harriers (175) (MYA)	1	25	0:10:40	Matthew Fox
				2	12	00:09:08	Johnny Burns
				3	16	00:09:42	David Woods
17	0:29:33	140	Giffnock North AC (140) (MYA)	1	9	0:09:50	Oliver MacDonald
				2	10	00:09:44	Matthew Knak
				3	17	00:09:59	Charlie Tomkinson
18	0:29:43	110	Ayr Seaforth AC (110) (MYA)	1	18	0:10:28	Daniel Byers
				2	18	00:10:01	Evan Kelly
				3	18	00:09:14	Euan Bell
19	0:30:09	129	East Kilbride AC (129) (MYA)	1	17	0:10:27	Ryan McNamara
				2	25	00:10:33	Sam Hosie
				3	19	00:09:09	Hamish Anderson
20	0:30:15	148	Greenock Glenpark Harriers (148) (MYA)	1	34	0:10:57	Euan Johnson
				2	19	00:09:32	Jude Dolan
				3	20	00:09:46	Shaun Wiseman
21	0:30:19	170	Law & District AAC (170) (MYA)	1	29	0:10:41	Daniel Simpson
				2	23	00:10:10	Logan Whitton
				3	21	00:09:28	Oscar Logan

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
22	0:30:24	152	Inverclyde AC (152) (MYA)	1	31	0:10:43	Liam Kane
				2	20	00:09:55	Jonathan Cameron
				3	22	00:09:46	Ciaran Hogg
23	0:30:28	118	Cambuslang Harriers (118) (MYA)	1	27	0:10:41	Christopher Black
				2	32	00:10:52	Jay Gallacher
				3	23	00:08:55	Jack MacKinnon
24	0:30:31	111	Ayr Seaforth AC (111) (MYA)	1	23	0:10:33	Fraser McIntyre
				2	31	00:10:51	Fergus Muir
				3	24	00:09:07	Alexander Crooks
25	0:30:35	130	East Kilbride AC (130) (MYA)	1	38	0:11:11	Dylan Edwards
				2	24	00:09:46	Paul Cairns
				3	25	00:09:38	Christopher Cairns
26	0:30:44	112	Ayr Seaforth AC (112) (MYA)	1	32	0:10:52	Roddy Crean
				2	17	00:09:36	Ethan Polson
				3	26	00:10:16	Nathan McColm
27	0:30:47	133	Garscube Harriers (133) (MYA)	1	45	0:11:22	Callum Mathew
				2	35	00:10:16	RORY BEATON
				3	27	00:09:09	Finlay Ross-Davie
28	0:30:57	157	Kilbarchan AAC (157) (MYA)	1	21	0:10:30	Ryan Knights
				2	28	00:10:40	Ramsay McLeod
				3	28	00:09:47	Robert Gunson
29	0:30:58	142	Giffnock North AC (142) (MYA)	1	10	0:10:05	Lewis Davidson
				2	22	00:10:42	Ruari Laskey
				3	29	00:10:11	Matthew Cox
30	0:31:07	173	Nithsdale AC (173) (MYA)	1	13	0:10:21	Cameron Robertson
				2	33	00:11:13	Alasdair Thomson
				3	30	00:09:33	Dylan Walton
31	0:31:10	126	Cumbernauld AAC (126) (MYA)	1	33	0:10:55	Noah Hodson
				2	36	00:10:45	Max Mccafferty
				3	31	00:09:30	Reuben MacIntyre
32	0:31:16	156	Kilbarchan AAC (156) (MYA)	1	35	0:10:59	Nathan Fitzpatrick
				2	37	00:10:43	Colin Arthur
				3	32	00:09:34	Lewis Anderson

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
33	0:31:23	176	Shettleston Harriers (176) (MYA)	1	22	0:10:32	Adam Clifford
				2	34	00:11:05	Osayande Eduwu Fadun
				3	33	00:09:46	Theo Carter
34	0:31:40	143	Giffnock North AC (143) (MYA)	1	11	0:10:20	James Mowat
				2	27	00:10:46	Charlie McAllister
				3	34	00:10:34	Findlay Pryor
35	0:31:47	163	Kilmarnock H&AC (163) (MYA)	1	46	0:11:24	Lewis Anderson
				2	29	00:09:46	Jordan Phillips
				3	35	00:10:37	Sam Lindsay
36	0:32:31	141	Giffnock North AC (141) (MYA)	1	19	0:10:28	Mitchell Scott
				2	30	00:10:49	Cormac Shiels
				3	36	00:11:14	Craig Cameron
37	0:33:01	172	Law & District AAC (172) (MYA)	1	49	0:12:09	Alex Orr
				2	46	00:11:03	Scott McAdam
				3	37	00:09:49	Craig Cherrie
38	0:33:16	158	Kilbarchan AAC (158) (MYA)	1	48	0:11:59	Rhys Knights
				2	44	00:10:37	Ross Hastie
				3	38	00:10:40	Ross Kennedy
39	0:33:52	169	Kirkintilloch Olympians (169) (MYA)	1	47	0:11:52	Andrew Muir
				2	38	00:09:51	Crawford Smith
				3	39	00:12:09	Kyle Paterson
40	0:33:54	144	Giffnock North AC (144) (MYA)	1	20	0:10:29	Tristan Robin
				2	41	00:11:31	Rory Taylor-Young
				3	40	00:11:54	Andrew Combe
41	0:34:17	124	Clydesdale Harriers (124) (MYA)	1	24	0:10:38	Ruaraidh King
				2	50	00:13:40	Jack McNeill
				3	41	00:09:59	Liam Callan
42	0:34:42	123	Clydesdale Harriers (123) (MYA)	1	54	0:12:57	Oliver Lang
				2	54	00:12:21	Declan Magee
				3	42	00:09:24	Josh McNicol
43	0:34:54	174	North Ayrshire AC (174) (MYA)	1	26	0:10:40	Harris McNicol
				2	49	00:13:31	Aiden McWhirter
				3	43	00:10:43	Ben Heron

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
44	0:35:04	150	Helensburgh AAC (150) (MYA)	1	58	0:13:27	William Mackay
				2	48	00:10:40	Matthew Gall
				3	44	00:10:57	William Scott
45	0:35:15	134	Garscube Harriers (134) (MYA)	1	53	0:12:52	Daniel Gray
				2	53	00:12:14	Daniel Owens
				3	45	00:10:09	Gregor Murdoch
46	0:36:06	131	East Kilbride AC (131) (MYA)	1	55	0:12:59	Aidan Glennon
				2	52	00:11:36	Jamie Connor
				3	46	00:11:31	Lewis Thorpe
47	0:37:26	171	Law & District AAC (171) (MYA)	1	59	0:13:49	Blair Barrowman
				2	55	00:12:36	Adam Hughes
				3	47	00:11:01	Finn Milligan
- -	xx:xx:xx	113	Ayr Seaforth AC (113) (MYA)	1	44	0:11:18	Brady McLean
				2	43	00:11:12	Connor Scobie
				3		xxxx	xxxx
- -	xx:xx:xx	114	Ayr Seaforth AC (114) (MYA)	1	56	0:13:11	Sam McCrorie
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	119	Cambuslang Harriers (119) (MYA)	1	42	0:11:16	Lewis Cook
				2	40	00:10:31	Brodie McDonald
				3		xxxx	xxxx
- -	xx:xx:xx	127	Cumbernauld AAC (127) (MYA)	1	40	0:11:13	Finn McCafferty
				2	42	00:11:11	Sam Wishart
				3		xxxx	xxxx
- -	xx:xx:xx	128	Cumbernauld AAC (128) (MYA)	1	39	0:11:13	Robbie Campbell
				2		xxxx	xxxx
				3		xxxx	xxxx

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
--	xx:xx:xx	145	Giffnock North AC (145) (MYA)	1	60	0:15:03	Gennaro Cameron
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	146	Glasgow School of Sport (146) (MYA)	1	43	0:11:18	Finn Johnston
				2	39	00:10:28	Josh Scott
				3		xxxx	xxxx
--	xx:xx:xx	149	Greenock Glenpark Harriers (149) (MYA)	1	57	0:13:22	Tyler Bryce
				2	56	00:13:43	Connor McCrorey
				3		xxxx	xxxx
--	xx:xx:xx	153	Inverclyde AC (153) (MYA)	1	50	0:12:27	Ben Gerrard
				2	45	00:10:38	Keir Arthur
				3		xxxx	xxxx
--	xx:xx:xx	159	Kilbarchan AAC (159) (MYA)	1	61	0:22:20	Kirk Gray
				2	57	00:12:24	Jack Kennedy
				3		xxxx	xxxx
--	xx:xx:xx	164	Kilmarnock H&AC (164) (MYA)	1	41	0:11:15	Jamie Brown
				2	26	00:09:48	Taylor Cadwell
				3		xxxx	xxxx
--	xx:xx:xx	165	Kilmarnock H&AC (165) (MYA)	1	52	0:12:42	Ruairidh Livingstone
				2	47	00:10:57	Callum Campbell
				3		xxxx	xxxx
--	xx:xx:xx	166	Kilmarnock H&AC (166) (MYA)	1	51	0:12:41	Connor Molloy
				2	51	00:11:41	Jye Wilson
				3		xxxx	xxxx
--	xx:xx:xx	177	Shettleston Harriers (177) (MYA)	1	37	0:11:01	Joseph Reilly
				2		xxxx	xxxx
				3		xxxx	xxxx

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	00:08:18	1115	Harry Lloyd McGill	M- MU17	Greenock Glenpark Harriers	3
2	00:08:26	1094	Harris Paterson	M- MU17	Giffnock North AC	3
3	00:08:31	1156	Lewis Hannigan	M- MU17	Kilbarchan AAC	3
4	00:08:36	1153	Lewis Barclay	M- MU17	Kilbarchan AAC	3
5	00:08:41	1085	Reuben Macdonald	M- BU15	Giffnock North AC	2
6	00:08:44	1093	Ross O'brien	M- MU17	Giffnock North AC	3
7	00:08:45	1092	Jacob Luc	M- MU17	Giffnock North AC	3
8	00:08:50	1091	Ethan Carolan	M- MU17	Giffnock North AC	3
9	00:08:55	1017	Jack MacKinnon	M- MU17	Cambuslang Harriers	3
10	00:08:55	1128	Josh Law	M- MU17	Inverclyde AC	3
11	00:08:56	1218	Callum Byrne	M- MU17	VP-Glasgow AC	3
12	00:08:57	1083	Cameron Deverill	M- BU15	Giffnock North AC	2
13	00:08:58	1096	Blayne Wright	M- MU17	Giffnock North AC	3
14	00:09:01	1013	Michael Black	M- MU17	Cambuslang Harriers	3
15	00:09:01	1169	Jonathon Downey	M- BU15	Kilmarnock H&AC	2
16	00:09:01	1217	Saul McGlennan	M- BU15	VP-Glasgow AC	2
17	0:09:02	1076	Craig Shennan	M- BU13	Giffnock North AC	1
18	00:09:03	1088	Alex Robin	M- BU15	Giffnock North AC	2
19	00:09:03	1062	Callum Miller	M- MU17	Garscube Harriers	3
20	0:09:04	1166	Sam Rice	M- BU13	Kilmarnock H&AC	1
21	00:09:07	1172	Jamie Phillips	M- BU15	Kilmarnock H&AC	2
22	00:09:07	991	Alexander Crooks	M- MU17	Ayr Seaforth AC	3
23	00:09:08	1206	Johnny Burns	M- BU15	Shettleston Harriers	2
24	00:09:09	1050	Hamish Anderson	M- MU17	East Kilbride AC	3
25	00:09:09	1063	Finlay Ross-Davie	M- MU17	Garscube Harriers	3
26	00:09:13	1042	Alasdair McMonagle	M- MU17	Cumbernauld AAC	3
27	00:09:14	990	Euan Bell	M- MU17	Ayr Seaforth AC	3
28	00:09:18	1176	Davie Houston	M- MU17	Kilmarnock H&AC	3
29	0:09:19	1072	Alasdair Nugent	M- BU13	Giffnock North AC	1
30	00:09:20	1123	Tayven Adamson	M- BU15	Inverclyde AC	2
31	00:09:23	1006	Fearghus MacGregor	M- BU15	Cambuslang Harriers	2
32	00:09:24	1031	Josh McNicol	M- MU17	Clydesdale Harriers	3
33	00:09:28	1189	Oscar Logan	M- BU15	Law & District AAC	3
34	00:09:30	1041	Reuben MacIntyre	M- MU17	Cumbernauld AAC	3
35	00:09:32	1038	Calum Mackenzie	M- BU15	Cumbernauld AAC	2
36	0:09:32	1067	Cameron Harris	M- BU13	Giffnock North AC	1
37	00:09:32	1110	Jude Dolan	M- BU15	Greenock Glenpark Harriers	2
38	00:09:33	1197	Dylan Walton	M- BU15	Nithsdale AC	3
39	00:09:34	1152	Lewis Anderson	M- MU17	Kilbarchan AAC	3
40	00:09:35	1089	Hugh Shiels	M- BU15	Giffnock North AC	2
41	0:09:35	1052	James Alexander	M- BU13	Garscube Harriers	1
42	00:09:36	988	Ethan Polson	M- BU15	Ayr Seaforth AC	2
43	00:09:37	1178	Ryan Littlejohn	M- MU17	Kilmarnock H&AC	3
44	00:09:38	1051	Christopher Cairns	M- MU17	East Kilbride AC	3
45	0:09:40	1064	Oliver Bryers	M- BU13	Giffnock North AC	1
46	00:09:42	1147	Luke Lindsay	M- BU15	Kilbarchan AAC	2
47	00:09:42	1210	David Woods	M- BU15	Shettleston Harriers	3
48	00:09:44	1084	Matthew Knak	M- BU15	Giffnock North AC	2
49	00:09:44	1148	Joshua McKinley	M- BU15	Kilbarchan AAC	2
50	0:09:45	1079	Jack Wallace	M- BU13	Giffnock North AC	1

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
51	00:09:46	1116	Shaun Wiseman	M- MU17	Greenock Glenpark Harriers	3
52	00:09:46	1127	Ciaran Hogg	M- MU17	Inverclyde AC	3
53	00:09:46	1212	Theo Carter	M- MU17	Shettleston Harriers	3
54	00:09:46	1173	Jordan Phillips	M- BU15	Kilmarnock H&AC	2
55	00:09:46	1047	Paul Cairns	M- BU15	East Kilbride AC	2
56	00:09:47	1155	Robert Gunson	M- MU17	Kilbarchan AAC	3
57	00:09:48	1059	Matthew Burnside	M- BU15	Garscube Harriers	2
58	00:09:48	1167	Taylor Cadwell	M- BU15	Kilmarnock H&AC	2
59	00:09:49	1187	Craig Cherrie	M- BU15	Law & District AAC	3
60	00:09:49	1086	Matthew Murphy	M- BU15	Giffnock North AC	2
61	0:09:50	1069	Oliver MacDonald	M- BU13	Giffnock North AC	1
62	0:09:50	1122	Oliver Wagstaff	M- BU13	Inverclyde AC	1
63	00:09:51	1181	Crawford Smith	M- BU15	Kirkintilloch Olympians	2
64	00:09:55	1125	Jonathan Cameron	M- BU15	Inverclyde AC	2
65	00:09:59	1029	Liam Callan	M- MU17	Clydesdale Harriers	3
66	00:09:59	1095	Charlie Tomkinson	M- MU17	Giffnock North AC	3
67	00:09:59	1111	Harris Morrison	M- BU15	Greenock Glenpark Harriers	2
68	00:10:01	984	Evan Kelly	M- BU15	Ayr Seaforth AC	2
69	0:10:05	1066	Lewis Davidson	M- BU13	Giffnock North AC	1
70	00:10:09	1060	Gregor Murdoch	M- BU15	Garscube Harriers	3
71	00:10:10	1191	Logan Whitton	M- BU15	Law & District AAC	2
72	00:10:11	1082	Matthew Cox	M- BU15	Giffnock North AC	3
73	00:10:16	1053	RORY BEATON	M- BU13	Garscube Harriers	2
74	00:10:16	992	Nathan McColm	M- MU17	Ayr Seaforth AC	3
75	0:10:20	1071	James Mowat	M- BU13	Giffnock North AC	1
76	0:10:20	1103	David Docherty	M- BU13	Greenock Glenpark Harriers	1
77	0:10:21	1195	Cameron Robertson	M- BU13	Nithsdale AC	1
78	0:10:25	1036	Grant McEachern	M- BU13	Cumbernauld AAC	1
79	0:10:27	1046	Ryan McNamara	M- BU13	East Kilbride AC	1
80	0:10:27	1133	Ryan Fitzpatrick	M- BU13	Kilbarchan AAC	1
81	0:10:27	1214	Kyle Flockhart	M- BU13	VP-Glasgow AC	1
82	00:10:28	1099	Josh Scott	M- BU15	Glasgow School of Sport	2
83	0:10:28	977	Daniel Byers	M- BU13	Ayr Seaforth AC	1
84	0:10:28	1075	Mitchell Scott	M- BU13	Giffnock North AC	1
85	0:10:29	1074	Tristan Robin	M- BU13	Giffnock North AC	1
86	0:10:30	1136	Ryan Knights	M- BU13	Kilbarchan AAC	1
87	00:10:31	1007	Brodie McDonald	M- BU15	Cambuslang Harriers	2
88	0:10:32	1201	Adam Clifford	M- BU13	Shettleston Harriers	1
89	00:10:33	1048	Sam Hosie	M- BU15	East Kilbride AC	2
90	0:10:33	981	Fraser McIntyre	M- BU13	Ayr Seaforth AC	1
91	00:10:34	1087	Findlay Pryor	M- BU15	Giffnock North AC	3
92	00:10:37	1145	Ross Hastie	M- BU15	Kilbarchan AAC	2
93	00:10:37	1177	Sam Lindsay	M- MU17	Kilmarnock H&AC	3
94	00:10:38	1124	Keir Arthur	M- BU15	Inverclyde AC	2
95	0:10:38	1021	Ruaraidh King	M- BU13	Clydesdale Harriers	1
96	00:10:40	1157	Ross Kennedy	M- MU17	Kilbarchan AAC	3
97	0:10:40	1198	Harris McNicol	M- BU13	North Ayrshire AC	1
98	0:10:40	1202	Matthew Fox	M- BU13	Shettleston Harriers	1
99	00:10:40	1117	Matthew Gall	M- BU13	Helensburgh AAC	2
100	00:10:40	1149	Ramsay McLeod	M- BU15	Kilbarchan AAC	2

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
101	0:10:41	993	Christopher Black	M- BU13	Cambuslang Harriers	1
102	0:10:41	1163	Cameron McGarey	M- BU13	Kilmarnock H&AC	1
103	0:10:41	1186	Daniel Simpson	M- BU13	Law & District AAC	1
104	00:10:42	1068	Ruari Laskey	M- BU13	Giffnock North AC	2
105	00:10:43	1143	Colin Arthur	M- BU15	Kilbarchan AAC	2
106	00:10:43	1200	Ben Heron	M- BU15	North Ayrshire AC	3
107	0:10:43	997	Hamish Gardner	M- BU13	Cambuslang Harriers	1
108	0:10:43	1121	Liam Kane	M- BU13	Inverclyde AC	1
109	00:10:45	1039	Max Mccafferty	M- BU15	Cumbernauld AAC	2
110	00:10:46	1070	Charlie McAllister	M- BU13	Giffnock North AC	2
111	00:10:49	1077	Cormac Shiels	M- BU13	Giffnock North AC	2
112	00:10:51	987	Fergus Muir	M- BU15	Ayr Seaforth AC	2
113	0:10:52	978	Roddy Crean	M- BU13	Ayr Seaforth AC	1
114	00:10:52	996	Jay Gallacher	M- BU13	Cambuslang Harriers	2
115	0:10:55	1034	Noah Hodson	M- BU13	Cumbernauld AAC	1
116	0:10:57	1104	Euan Johnson	M- BU13	Greenock Glenpark Harriers	1
117	00:10:57	1168	Callum Campbell	M- BU15	Kilmarnock H&AC	2
118	00:10:57	1119	William Scott	M- BU15	Helensburgh AAC	3
119	0:10:59	1134	Nathan Fitzpatrick	M- BU13	Kilbarchan AAC	1
120	0:11:00	1142	Robbie Stevenson	M- BU13	Kilbarchan AAC	1
121	00:11:01	1193	Finn Milligan	M- MU17	Law & District AAC	3
122	0:11:01	1205	Joseph Reilly	M- BU13	Shettleston Harriers	1
123	00:11:03	1190	Scott McAdam	M- BU15	Law & District AAC	2
124	00:11:05	1208	Osayande Eduwu Fadun	M- BU15	Shettleston Harriers	2
125	00:11:11	1037	Sam Wishart	M- BU13	Cumbernauld AAC	2
126	0:11:11	1044	Dylan Edwards	M- BU13	East Kilbride AC	1
127	00:11:12	989	Connor Scobie	M- BU15	Ayr Seaforth AC	2
128	0:11:13	1035	Finn McCafferty	M- BU13	Cumbernauld AAC	1
129	0:11:13	1033	Robbie Campbell	M- BU13	Cumbernauld AAC	1
130	00:11:13	1196	Alasdair Thomson	M- BU15	Nithsdale AC	2
131	00:11:14	1090	Craig Cameron	M- MU17	Giffnock North AC	3
132	0:11:15	1160	Jamie Brown	M- BU13	Kilmarnock H&AC	1
133	0:11:16	995	Lewis Cook	M- BU13	Cambuslang Harriers	1
134	0:11:18	982	Brady McLean	M- BU13	Ayr Seaforth AC	1
135	0:11:18	1098	Finn Johnston	M- BU13	Glasgow School of Sport	1
136	0:11:22	1056	Callum Mathew	M- BU13	Garscube Harriers	1
137	0:11:24	1159	Lewis Anderson	M- BU13	Kilmarnock H&AC	1
138	00:11:31	1078	Rory Taylor-Young	M- BU13	Giffnock North AC	2
139	00:11:31	1049	Lewis Thorpe	M- BU15	East Kilbride AC	3
140	00:11:36	1043	Jamie Connor	M- BU13	East Kilbride AC	2
141	00:11:41	1174	Jye Wilson	M- BU15	Kilmarnock H&AC	2
142	0:11:52	1179	Andrew Muir	M- BU13	Kirkintilloch Olympians	1
143	00:11:54	1081	Andrew Combe	M- BU15	Giffnock North AC	3
144	0:11:59	1137	Rhys Knights	M- BU13	Kilbarchan AAC	1
145	0:12:09	1185	Alex Orr	M- BU13	Law & District AAC	1
146	00:12:09	1182	Kyle Paterson	M- MU17	Kirkintilloch Olympians	3
147	00:12:14	1057	Daniel Owens	M- BU13	Garscube Harriers	2
148	00:12:21	1026	Declan Magee	M- BU15	Clydesdale Harriers	2
149	00:12:24	1146	Jack Kennedy	M- BU15	Kilbarchan AAC	2
150	0:12:27	1120	Ben Gerrard	M- BU13	Inverclyde AC	1

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
151	00:12:36	1188	Adam Hughes	M- BU15	Law & District AAC	2
152	0:12:41	1164	Connor Molloy	M- BU13	Kilmarnock H&AC	1
153	0:12:42	1162	Ruairidh Livingstone	M- BU13	Kilmarnock H&AC	1
154	0:12:52	1055	Daniel Gray	M- BU13	Garscube Harriers	1
155	0:12:57	1022	Oliver Lang	M- BU13	Clydesdale Harriers	1
156	0:12:59	1045	Aidan Glennon	M- BU13	East Kilbride AC	1
157	0:13:11	980	Sam McCrorie	M- BU13	Ayr Seaforth AC	1
158	0:13:22	1101	Tyler Bryce	M- BU13	Greenock Glenpark Harriers	1
159	0:13:27	1118	William Mackay	M- BU13	Helensburgh AAC	1
160	00:13:31	1199	Aiden McWhirter	M- BU13	North Ayrshire AC	2
161	00:13:40	1023	Jack McNeill	M- BU13	Clydesdale Harriers	2
162	00:13:43	1105	Connor McCrorey	M- BU13	Greenock Glenpark Harriers	2
163	0:13:49	1184	Blair Barrowman	M- BU13	Law & District AAC	1
164	0:15:03	1065	Gennaro Cameron	M- BU13	Giffnock North AC	1
165	0:22:20	1135	Kirk Gray	M- BU13	Kilbarchan AAC	1

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:46:19	58	Shettleston Harriers (58) (Sen)	1	10	0:15:54	Avril Mason
				2	1	00:15:15	Ruth Joss
				3	1	00:15:10	Kayleigh Jarrett
2	0:47:33	38	Giffnock North AC (38) (Sen)	1	5	0:15:29	Rhona Mowat
				2	2	00:16:04	Jill Smylie
				3	2	00:16:00	Charlotte McKenna
3	0:47:50	68	VP-Glasgow AC (68) (Sen)	1	18	0:16:48	Mhairi Hendry
				2	6	00:15:51	Philippa Millage
				3	3	00:15:11	Holly Little
4	0:47:58	37	Giffnock North AC (37) (Sen)	1	8	0:15:37	Katy Brown
				2	5	00:16:35	Holly Still
				3	4	00:15:46	Lynn McKenna
5	0:48:31	46	Kilbarchan AAC (46) (Sen)	1	2	0:14:57	Kerry MacAngus
				2	4	00:17:03	Laine Alemu
				3	5	00:16:31	Chloe Simpson
6	0:49:46	59	Shettleston Harriers (59) (Sen)	1	11	0:16:08	Jennifer Martin
				2	3	00:15:45	Kathryn Pennel
				3	6	00:17:53	Shannon McLellan
7	0:50:14	50	Kilmarnock H&AC (50) (Sen)	1	6	0:15:35	Kara Tait
				2	7	00:17:08	Laura Haggarty
				3	7	00:17:31	Kirsty Alexander
8	0:50:23	29	Garscube Harriers (29) (Mas)	1	7	0:15:35	Lesley Bell
				2	9	00:17:20	Yvonne Burgess
				3	8	00:17:28	Arlene Lewis
9	0:50:31	33	Garscube Harriers (33) (Sen)	1	4	0:15:22	Katie White
				2	8	00:17:24	Laura Gray
				3	9	00:17:45	Elsie MacDonald
10	0:50:42	1	Ayr Seaforth AC (1) (Sen)	1	9	0:15:43	Toni McIntosh
				2	14	00:18:18	Gael Neill
				3	10	00:16:41	Laura Wallace
11	0:50:45	62	Springburn Harriers (62) (Sen)	1	1	0:14:53	Michelle Sandison
				2	15	00:19:18	Leesa Rushton
				3	11	00:16:34	Hannah Terrance

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
12	0:50:58	65	Strathclyde Univ Harriers (65) (Sen)	1	17	0:16:45	Madeleine Watson
				2	10	00:16:15	Emily McNicol
				3	12	00:17:58	Katy McGonigal
13	0:51:26	4	Bellahouston Harriers (4) (Sen)	1	13	0:16:37	Kristina Greig
				2	13	00:17:14	Katherine Hylands
				3	13	00:17:35	BETH CALDWELL
14	0:52:14	15	Bellahouston RR (15) (Sen)	1	3	0:15:21	Catriona MacDonald
				2	12	00:18:23	Mhairi Hill
				3	14	00:18:30	Laura Henderson
15	0:52:36	12	Bellahouston RR (12) (Mas)	1	15	0:16:40	Ann Robin
				2	17	00:17:53	Emer Campbell
				3	15	00:18:03	Claire Wharton
16	0:52:38	21	Cambuslang Harriers (21) (Mas)	1	26	0:18:08	BERNADETTE ONEIL
				2	16	00:16:11	Jacqueline Etherington
				3	16	00:18:19	Jennifer Campbell
17	0:52:51	26	Dumfries RC (26) (Sen)	1	40	0:19:16	Gemma Leadbetter
				2	18	00:15:32	Nicola Hood
				3	18	00:18:03	Zoe Graham
18	0:52:51	67	Troon Tortoises AC (67) (Mas)	1	14	0:16:39	Katrine Kelly
				2	11	00:16:39	Caroline Millar
				3	17	00:19:33	Anne Noble
19	0:53:11	48	Kilbarchan AAC (48) (Mas)	1	19	0:16:52	Sharon Hastie
				2	19	00:18:13	Joanne McDowall
				3	19	00:18:06	Caroline Cochran
20	0:54:16	69	VP-Glasgow AC (69) (Sen)	1	12	0:16:29	Erin McIlveen
				2	20	00:18:45	Emma Gilmour
				3	20	00:19:02	Julie Barnett
21	0:55:00	70	VP-Glasgow AC (70) (Sen)	1	25	0:18:02	Emma Matheson
				2	25	00:18:57	Morna Holmes
				3	21	00:18:01	Donna Finlayson
22	0:55:19	30	Garscube Harriers (30) (Mas)	1	28	0:18:18	Debbie Martin-Consani
				2	27	00:19:08	Ann White
				3	22	00:17:53	Mary Senior

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
23	0:55:39	5	Bellahouston Harriers (5) (Sen)	1	32	0:18:50	Jayne Macnamara
				2	30	00:18:44	Robyn Millar
				3	23	00:18:05	Laura Ritchie
24	0:56:25	72	Westerlands XC Club (72) (Sen)	1	43	0:19:36	Katie Rademaker
				2	29	00:17:56	Beth Dutson
				3	24	00:18:53	Lucia Minto
25	0:56:33	6	Bellahouston Harriers (6) (Sen)	1	42	0:19:20	Angela Campbell
				2	32	00:18:24	Heather Rowan
				3	25	00:18:49	Ann Knox
26	0:56:37	27	East Kilbride AC (27) (Sen)	1	34	0:19:07	Vivien Thorpe
				2	26	00:18:15	Kay Conneff
				3	26	00:19:15	Olivia Steven
27	0:56:46	52	Kirkintilloch Olympians (52) (Sen)	1	30	0:18:23	Hannah Paton
				2	22	00:18:01	Elaine Hogg
				3	27	00:20:22	Marina McCallum
28	0:56:51	40	Giffnock North AC (40) (Mas)	1	22	0:17:36	Shona Donnelly
				2	28	00:19:54	Angela Carson
				3	28	00:19:21	Stephanie Lillie
29	0:57:36	31	Garscube Harriers (31) (Mas)	1	46	0:19:47	Morag Casey
				2	37	00:19:36	Kathryn Scott
				3	29	00:18:13	Catriona Padmanabhan
30	0:57:40	16	Bellahouston RR (16) (Sen)	1	39	0:19:14	Leanne McIntosh
				2	35	00:19:29	Camilla Cunningham
				3	30	00:18:57	Mhairi Gervais
31	0:58:12	63	Springburn Harriers (63) (Mas)	1	33	0:18:53	Carole Craig
				2	34	00:19:28	Barbara Knox
				3	31	00:19:51	Jeanette Craig
32	0:58:20	42	Greenock Glenpark Harriers (42) (Mas)	1	35	0:19:08	Claire Monaghan
				2	33	00:18:49	Donna Campbell
				3	32	00:20:23	Marianne Mckay
33	0:58:34	71	Westerlands XC Club (71) (Sen)	1	27	0:18:16	Jennifer Ruddick
				2	23	00:18:10	Lorna Mahoney
				3	33	00:22:08	Michelle Sinsheimer

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
34	0:59:33	35	Garscube Harriers (35) (Sen)	1	50	0:20:08	Kirsten Mathew
				2	36	00:18:38	Martha Lovatt
				3	34	00:20:47	Emma Waine
35	0:61:17	51	Kilmarnock H&AC (51) (Sen)	1	45	0:19:43	Kirsty McNulty
				2	40	00:20:40	Paula Wilson
				3	35	00:20:54	Amanda Bryden
36	0:61:31	66	Strathclyde Univ Harriers (66) (Sen)	1	41	0:19:19	Sarah Paterson
				2	38	00:20:06	Marie-Louise Slater
				3	36	00:22:06	Chloe Murphy
37	0:62:05	57	Ron's Runners (57) (Mas)	1	37	0:19:10	Sylvia Mulholland
				2	46	00:22:45	Rachel Cox
				3	37	00:20:10	Helen Marshall
38	0:62:48	7	Bellahouston Harriers (7) (Sen)	1	53	0:21:36	Christine McKay
				2	44	00:19:47	Emily Jackson
				3	38	00:21:25	Linda Wood
39	0:62:54	53	Kirkintilloch Olympians (53) (Mas)	1	49	0:19:56	Ada Stewart
				2	41	00:21:07	Shirley MacNab
				3	39	00:21:51	Vivien Fraser
40	0:63:17	32	Garscube Harriers (32) (Mas)	1	51	0:20:34	Mary Cox
				2	45	00:21:08	Jennifer Sorbie
				3	40	00:21:35	Theresa Miln
41	0:64:51	55	Law & District AAC (55) (Sen)	1	36	0:19:08	Reagan Binnie
				2	39	00:20:58	Margaret Newell
				3	41	00:24:45	Pamela Newell
42	0:65:06	34	Garscube Harriers (34) (Sen)	1	48	0:19:55	Casey Thompson
				2	53	00:24:43	Elizabeth Short
				3	42	00:20:28	Alison Rutherford
43	0:65:14	28	East Kilbride AC (28) (Mas)	1	47	0:19:53	Gemma Kirwan
				2	51	00:23:43	Fiona Mollison
				3	43	00:21:38	Anne CAIRNS
44	0:65:28	14	Bellahouston RR (14) (Mas)	1	57	0:23:28	Lynne Goldie
				2	52	00:21:03	Alison Brown
				3	44	00:20:57	Roz Wilson

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Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
- -	xx:xx:xx	56	Kirkintilloch Olympians (56) (Sen)	1	45	0:21:14	Ada Stewart
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	58	Motherwell AC (58) (Sen)	1	19	0:17:35	Clare Hughes
				2	28	00:20:37	Phyllis Hands
				3		xxxx	xxxx
- -	xx:xx:xx	67	Troon Tortoises (67) (Sen)	1	57	0:25:11	Joan McIntosh
				2		xxxx	xxxx
				3		xxxx	xxxx

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	0:14:53	197	Michelle Sandison	F- F Sen	Springburn Harriers	
2	0:14:57	135	Kerry MacAngus	F- F Sen	Kilbarchan AAC	
3	00:15:10	178	Kayleigh Jarrett	F- F Sen	Shettleston Harriers	
4	00:15:11	222	Holly Little	F- FU20	VP-Glasgow AC	
5	00:15:15	180	Ruth Joss	F- F Sen	Shettleston Harriers	
6	0:15:21	39	Catriona MacDonald	F- F Sen	Bellahouston RR	
7	0:15:22	94	Katie White	F- F Sen	Garscube Harriers	
8	0:15:29	122	Rhona Mowat	F- FU20	Giffnock North AC	
9	00:15:32	77	Nicola Hood	F- F Sen	Dumfries RC	
10	0:15:35	95	Lesley Bell	F- F40	Garscube Harriers	
11	0:15:35	147	Kara Tait	F- F Sen	Kilmarnock H&AC	
12	0:15:37	109	Katy Brown	F- F Sen	Giffnock North AC	
13	0:15:43	1	Toni McIntosh	F- F Sen	Ayr Seaforth AC	
14	00:15:45	188	Kathryn Pennel	F- F Sen	Shettleston Harriers	
15	00:15:46	121	Lynn McKenna	F- FU20	Giffnock North AC	
16	00:15:51	219	Philippa Millage	F- F Sen	VP-Glasgow AC	
17	0:15:54	191	Avril Mason	F- F45	Shettleston Harriers	
18	00:16:00	120	Charlotte McKenna	F- FU20	Giffnock North AC	
19	00:16:04	112	Jill Smylie	F- F Sen	Giffnock North AC	
20	0:16:08	183	Jennifer Martin	F- F Sen	Shettleston Harriers	
21	00:16:11	66	Jacqueline Etherington	F- F40	Cambuslang Harriers	
22	00:16:15	205	Emily McNicol	F- F Sen	Strathclyde Univ Harriers	
23	0:16:29	218	Erin McIlveen	F- F Sen	VP-Glasgow AC	
24	00:16:31	137	Chloe Simpson	F- F Sen	Kilbarchan AAC	
25	00:16:34	198	Hannah Terrance	F- F Sen	Springburn Harriers	
26	00:16:35	113	Holly Still	F- F Sen	Giffnock North AC	
27	0:16:37	12	Kristina Greig	F- F Sen	Bellahouston Harriers	
28	0:16:39	211	Katrine Kelly	F- F40	Troon Tortoises AC	
29	00:16:39	212	Caroline Millar	F- F45	Troon Tortoises AC	
30	0:16:40	45	Ann Robin	F- F40	Bellahouston RR	
31	0:16:40	74	?	F- F Sen	Cumbernauld AAC	
32	00:16:41	2	Laura Wallace	F- F Sen	Ayr Seaforth AC	
33	0:16:45	208	Madeleine Watson	F- F Sen	Strathclyde Univ Harriers	
34	0:16:48	215	Mhairi Hendry	F- F Sen	VP-Glasgow AC	
35	0:16:52	139	Sharon Hastie	F- F40	Kilbarchan AAC	
36	00:17:03	143	Laine Alemu	F- FU20	Kilbarchan AAC	
37	00:17:08	146	Laura Haggarty	F- F Sen	Kilmarnock H&AC	
38	00:17:14	13	Katherine Hylands	F- F Sen	Bellahouston Harriers	
39	00:17:20	96	Yvonne Burgess	F- F40	Garscube Harriers	
40	00:17:24	86	Laura Gray	F- F Sen	Garscube Harriers	
41	0:17:26	119	Emily Crusher	F- FU20	Giffnock North AC	
42	00:17:28	100	Arlene Lewis	F- F45	Garscube Harriers	
43	00:17:31	149	Kirsty Alexander	F- F45	Kilmarnock H&AC	
44	0:17:35	144	Libby Sutherland	F- FU20	Kilbarchan AAC	
45	00:17:35	10	BETH CALDWELL	F- F Sen	Bellahouston Harriers	
46	0:17:36	118	Shona Donnelly	F- F50	Giffnock North AC	
47	0:17:40	73	Pamela McCrossan	F- F55	Clydesdale Harriers	
48	00:17:45	89	Elsie MacDonald	F- F Sen	Garscube Harriers	
49	00:17:53	42	Emer Campbell	F- F40	Bellahouston RR	
50	00:17:53	187	Shannon McLellan	F- F Sen	Shettleston Harriers	

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
51	00:17:53	102	Mary Senior	F- F45	Garscube Harriers	
52	00:17:56	224	Beth Dutson	F- F Sen	Westerlands XC Club	
53	0:17:57	181	Amy MacLellan	F- F Sen	Shettleston Harriers	
54	00:17:58	209	Katy McGonigal	F- FU20	Strathclyde Univ Harriers	
55	00:18:01	214	Donna Finlayson	F- F Sen	VP-Glasgow AC	
56	00:18:01	160	Elaine Hogg	F- F50	Kirkintilloch Olympians	
57	0:18:02	217	Emma Matheson	F- F Sen	VP-Glasgow AC	
58	00:18:03	50	Claire Wharton	F- F45	Bellahouston RR	
59	00:18:03	79	Zoe Graham	F- FU20	Dumfries RC	
60	00:18:05	17	Laura Ritchie	F- F Sen	Bellahouston Harriers	
61	00:18:06	142	Caroline Cochran	F- F45	Kilbarchan AAC	
62	0:18:08	69	BERNADETTE ONEIL	F- F50	Cambuslang Harriers	
63	00:18:10	229	Lorna Mahoney	F- F50	Westerlands XC Club	
64	00:18:12	123	Clare Wallace	F- FU20	Giffnock North AC	
65	00:18:13	141	Joanne McDowall	F- F40	Kilbarchan AAC	
66	00:18:13	101	Catriona Padmanabhan	F- F45	Garscube Harriers	
67	00:18:15	81	Kay Conneff	F- F40	East Kilbride AC	
68	0:18:16	227	Jennifer Ruddick	F- F Sen	Westerlands XC Club	
69	0:18:18	65	Carole Setchell	F- F Sen	Cambuslang Harriers	
70	0:18:18	97	Debbie Martin-Consani	F- F40	Garscube Harriers	
71	00:18:18	3	Gael Neill	F- F40	Ayr Seaforth AC	
72	00:18:19	68	Jennifer Campbell	F- F45	Cambuslang Harriers	
73	0:18:23	165	Hannah Paton	F- FU20	Kirkintilloch Olympians	
74	00:18:23	43	Mhairi Hill	F- F40	Bellahouston RR	
75	00:18:24	19	Heather Rowan	F- F Sen	Bellahouston Harriers	
76	00:18:30	36	Laura Henderson	F- F Sen	Bellahouston RR	
77	00:18:38	88	Martha Lovatt	F- F Sen	Garscube Harriers	
78	0:18:41	57	Alison Lessells	F- F Sen	Calderglen Harriers	
79	00:18:44	16	Robyn Millar	F- F Sen	Bellahouston Harriers	
80	00:18:45	221	Emma Gilmour	F- FU20	VP-Glasgow AC	
81	00:18:49	15	Ann Knox	F- F Sen	Bellahouston Harriers	
82	00:18:49	192	Hannah Lynch	F- FU20	Shettleston Harriers	
83	00:18:49	125	Donna Campbell	F- F40	Greenock Glenpark Harriers	
84	0:18:50	23	Jayne Macnamara	F- F45	Bellahouston Harriers	
85	0:18:53	201	Carole Craig	F- F50	Springburn Harriers	
86	00:18:53	225	Lucia Minto	F- F Sen	Westerlands XC Club	
87	00:18:54	55	Morgan Beaton	F- F Sen	Calderglen Harriers	
88	00:18:57	35	Mhairi Gervais	F- F Sen	Bellahouston RR	
89	00:18:57	216	Morna Holmes	F- F Sen	VP-Glasgow AC	
90	00:19:02	220	Julie Barnett	F- F45	VP-Glasgow AC	
91	0:19:07	82	Vivien Thorpe	F- F40	East Kilbride AC	
92	00:19:08	108	Ann White	F- F65	Garscube Harriers	
93	0:19:08	127	Claire Monaghan	F- F40	Greenock Glenpark Harriers	
94	0:19:08	166	Reagan Binnie	F- F Sen	Law & District AAC	
95	0:19:10	174	Sylvia Mulholland	F- F50	Ron's Runners	
96	0:19:13	87	Marian Kelly	F- F Sen	Garscube Harriers	
97	0:19:14	40	Leanne McIntosh	F- F Sen	Bellahouston RR	
98	00:19:15	80	Olivia Steven	F- F Sen	East Kilbride AC	
99	0:19:16	78	Gemma Leadbetter	F- F Sen	Dumfries RC	
100	00:19:18	196	Leesa Rushton	F- F Sen	Springburn Harriers	

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
101	0:19:19	206	Sarah Paterson	F- F Sen	Strathclyde Univ Harriers	
102	0:19:20	21	Angela Campbell	F- F40	Bellahouston Harriers	
103	00:19:21	116	Stephanie Lillie	F- F45	Giffnock North AC	
104	00:19:28	203	Barbara Knox	F- F55	Springburn Harriers	
105	00:19:29	34	Camilla Cunningham	F- F Sen	Bellahouston RR	
106	00:19:33	213	Anne Noble	F- F55	Troon Tortoises AC	
107	00:19:36	106	Kathryn Scott	F- F55	Garscube Harriers	
108	0:19:36	226	Katie Rademaker	F- F Sen	Westerlands XC Club	
109	0:19:42	38	Joni Lindsay	F- F Sen	Bellahouston RR	
110	0:19:43	153	Kirsty McNulty	F- F45	Kilmarnock H&AC	
111	00:19:47	14	Emily Jackson	F- F Sen	Bellahouston Harriers	
112	0:19:47	99	Morag Casey	F- F45	Garscube Harriers	
113	00:19:51	204	Jeanette Craig	F- F65	Springburn Harriers	
114	0:19:53	83	Gemma Kirwan	F- F45	East Kilbride AC	
115	00:19:54	117	Angela Carson	F- F50	Giffnock North AC	
116	0:19:55	92	Casey Thompson	F- F Sen	Garscube Harriers	
117	0:19:56	163	Ada Stewart	F- F55	Kirkintilloch Olympians	
118	00:20:06	207	Marie-Louise Slater	F- F Sen	Strathclyde Univ Harriers	
119	0:20:08	90	Kirsten Mathew	F- F Sen	Garscube Harriers	
120	00:20:10	176	Helen Marshall	F- F50	Ron's Runners	
121	00:20:22	157	Marina McCallum	F- F45	Kirkintilloch Olympians	
122	00:20:23	126	Marianne McKay	F- F40	Greenock Glenpark Harriers	
123	00:20:28	91	Alison Rutherford	F- F Sen	Garscube Harriers	
124	0:20:34	107	Mary Cox	F- F60	Garscube Harriers	
125	00:20:40	155	Paula Wilson	F- F50	Kilmarnock H&AC	
126	0:20:40	202	Susan De Quadra	F- F55	Springburn Harriers	
127	00:20:47	93	Emma Waive	F- F Sen	Garscube Harriers	
128	00:20:54	145	Amanda Bryden	F- F Sen	Kilmarnock H&AC	
129	00:20:57	52	Roz Wilson	F- F50	Bellahouston RR	
130	00:20:58	167	Margaret Newell	F- F Sen	Law & District AAC	
131	00:21:03	53	Alison Brown	F- F55	Bellahouston RR	
132	00:21:06	46	Chi My Ta	F- F40	Bellahouston RR	
133	00:21:07	162	Shirley MacNab	F- F55	Kirkintilloch Olympians	
134	00:21:08	104	Jennifer Sorbie	F- F45	Garscube Harriers	
135	00:21:16	6	Gillian Hannah	F- F50	Ayr Seaforth AC	
136	00:21:18	200	Jill Coleman	F- F50	Springburn Harriers	
137	00:21:25	27	Linda Wood	F- F50	Bellahouston Harriers	
138	00:21:32	32	Catherine Allan	F- F Sen	Bellahouston RR	
139	00:21:35	105	Theresa Miln	F- F55	Garscube Harriers	
140	0:21:36	28	Christine McKay	F- F55	Bellahouston Harriers	
141	00:21:38	84	Anne CAIRNS	F- F50	East Kilbride AC	
142	00:21:40	29	Anne Williamson	F- F55	Bellahouston Harriers	
143	0:21:42	18	Karen Rosling	F- F Sen	Bellahouston Harriers	
144	00:21:51	159	Vivien Fraser	F- F50	Kirkintilloch Olympians	
145	0:22:04	4	Ruth Kirk	F- F45	Ayr Seaforth AC	
146	00:22:06	210	Chloe Murphy	F- FU20	Strathclyde Univ Harriers	
147	00:22:08	228	Michelle Sinsheimer	F- F Sen	Westerlands XC Club	
148	0:22:24	48	Madeline Smillie	F- F45	Bellahouston RR	
149	00:22:27	44	Kelly Ludwig	F- F40	Bellahouston RR	
150	00:22:35	24	Gael McCallum	F- F45	Bellahouston Harriers	

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
151	00:22:43	26	Stephanie Rudd	F- F45	Bellahouston Harriers	
152	00:22:45	175	Rachel Cox	F- F45	Ron's Runners	
153	00:22:53	70	Rachel Wardrope	F- FU20	Cambuslang Harriers	
154	00:22:58	5	Kirsty Green	F- F50	Ayr Seaforth AC	
155	0:23:28	51	Lynne Goldie	F- F50	Bellahouston RR	
156	0:23:40	30	Carol Keenan	F- F60	Bellahouston Harriers	
157	0:23:40	22	Gillian Glass	F- F45	Bellahouston Harriers	
158	00:23:43	85	Fiona Mollison	F- F50	East Kilbride AC	
159	0:23:50	128	Nathalie Smith	F- F40	Greenock Glenpark Harriers	
160	00:23:50	199	Fiona Peat	F- F40	Springburn Harriers	
161	00:24:43	103	Elizabeth Short	F- F45	Garscube Harriers	
162	00:24:45	168	Pamela Newell	F- FU20	Law & District AAC	

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:51:07	23	Cambuslang Harriers (23) (Sen)	1	3	0:13:05	Stuart Gibson
				2	1	00:12:47	Kevan Harvey
				3	1	00:12:44	Fraser Stewart
				4	1	00:12:31	Ryan Thomson
2	0:52:17	85	Shettleston Harriers (85) (Sen)	1	2	0:12:35	Jamie Burns
				2	2	00:13:36	Michael Deason
				3	3	00:13:24	Lewis Raeburn
				4	2	00:12:42	Lachlan Oates
3	0:53:07	66	Kilbarchan AAC (66) (Sen)	1	5	0:13:25	Andrew MacAngus
				2	4	00:13:24	Cameron Wright
				3	2	00:12:32	Connor Maclean
				4	3	00:13:46	Robbie Ferguson
4	0:53:28	24	Cambuslang Harriers (24) (Sen)	1	21	0:14:16	Drew Pollock
				2	11	00:13:13	Jamie MacKinnon
				3	5	00:13:04	Craig Jardine
				4	4	00:12:55	Alasdair Campbell
5	0:53:40	58	Inverclyde AC (58) (Sen)	1	6	0:13:27	Jonathan Roebuck
				2	5	00:13:25	Adam Hay
				3	6	00:13:43	Mark Pollard
				4	5	00:13:05	Ross Gray
6	0:54:22	39	Garscube Harriers (39) (Sen)	1	10	0:13:33	Cody Stevenson
				2	3	00:13:02	Thomas Berry
				3	4	00:13:41	Donald McPartlin
				4	6	00:14:06	Craig Shields
7	0:54:29	10	Bellahouston Harriers (10) (Sen)	1	15	0:13:44	Greg Templeton
				2	14	00:14:05	Rudi Paul
				3	10	00:13:17	Gregor Yates
				4	7	00:13:23	Miguel Delgado Sillero
8	0:54:31	35	East Kilbride AC (35) (Sen)	1	24	0:14:31	Jamie Clements
				2	13	00:13:15	Grant Baillie
				3	11	00:13:39	Martin Lynas
				4	8	00:13:06	John Fergusson
9	0:54:35	19	Cambuslang Harriers (19) (Mas)	1	12	0:13:40	Stuart McGeachy
				2	6	00:13:23	Benjamin Hukins
				3	8	00:14:00	Stephen Wylie
				4	9	00:13:32	Kenneth Campbell

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
10	0:55:06	26	Cambuslang Harriers (26) (Sen)	1	9	0:13:32	Ryan Donnelly
				2	7	00:13:39	Christopher McLew
				3	9	00:13:55	Ruairidh MacGregor
				4	10	00:14:00	Andrew Carey
11	0:55:52	45	Giffnock North AC (45) (Sen)	1	8	0:13:30	Nikolai Gajic
				2	12	00:14:11	Jack Bell
				3	12	00:13:53	Calum Young
				4	11	00:14:18	Andrew Robertson
12	0:56:10	1	Ayr Seaforth AC (1) (Sen)	1	4	0:13:25	Lewis Ross
				2	10	00:14:03	Daniel Stuart Graham
				3	13	00:14:10	Grahame Hopper
				4	12	00:14:32	Scott Sprang
13	0:56:12	59	Inverclyde AC (59) (Sen)	1	16	0:13:57	Mark Doherty
				2	15	00:14:00	Dylan Crawford
				3	14	00:14:04	Andrew Harkins
				4	13	00:14:11	Jon Hammerman
14	0:56:23	25	Cambuslang Harriers (25) (Sen)	1	11	0:13:38	Struan Paton
				2	9	00:13:42	Gordon Robertson
				3	7	00:13:32	Colin Reilly
				4	14	00:15:31	Matthew McKenna
15	0:57:21	63	Irvine RC (63) (Sen)	1	20	0:14:14	Colin Whitby
				2	19	00:14:36	Paul Lafferty
				3	18	00:14:12	Ross Harvey
				4	15	00:14:19	William Richardson
16	0:58:15	43	Garscube Harriers (43) (Mas)	1	27	0:14:46	Marco Consani
				2	22	00:14:23	Daniel Scroop
				3	21	00:15:01	Alexander Chalmers
				4	16	00:14:05	John Coyle
17	0:58:45	49	Giffnock North AC (49) (Mas)	1	31	0:14:56	Graeme Paterson
				2	29	00:14:54	John O'Donnell
				3	24	00:14:40	Chris Greenhalgh
				4	17	00:14:15	Cris Walsh
18	0:58:53	46	Giffnock North AC (46) (Sen)	1	19	0:14:12	Michael Cross
				2	20	00:14:44	Jordan Orr
				3	20	00:14:51	Oliver Traynor
				4	18	00:15:06	Kieren Mooney

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
19	0:58:56	79	Motherwell AC (79) (Mas)	1	23	0:14:23	Allan Cameron
				2	21	00:14:44	Mark Gallacher
				3	23	00:15:23	Ewen Cameron
				4	19	00:14:26	Stephen Allen
20	0:58:58	67	Kilbarchan AAC (67) (Sen)	1	7	0:13:28	Callum Matthews
				2	17	00:14:53	Victor McGregor
				3	16	00:14:28	Conor Thomson
				4	20	00:16:09	Robert McCulloch
21	0:59:01	2	Ayr Seaforth AC (2) (Mas)	1	22	0:14:21	Brian Robinson
				2	23	00:14:58	Stephen McCrorie
				3	27	00:15:49	Alasdair Meldrum
				4	21	00:13:53	Kenneth Neill
22	0:59:09	88	Shettleston Harriers (88) (Mas)	1	35	0:15:10	Walter Henderson
				2	25	00:14:23	Peter Mackie
				3	19	00:13:50	Paul Sorrie
				4	22	00:15:46	Brian Scally
23	0:59:15	76	Law & District AAC (76) (Sen)	1	14	0:13:44	Darran Muir
				2	16	00:14:32	Ross Hill
				3	17	00:14:41	Matthew Gillon
				4	23	00:16:18	Paul White
24	0:59:32	86	Shettleston Harriers (86) (Sen)	1	1	0:12:27	Matthew Turner
				2	8	00:14:51	Adam Peters
				3	15	00:14:50	Michael Paxton
				4	24	00:17:24	Jan Gruter
25	0:59:58	11	Bellahouston RR (11) (Sen)	1	25	0:14:42	Stuart Laurence
				2	26	00:14:55	Simon Wells
				3	28	00:15:35	Paul Gordon
				4	25	00:14:46	BRYAN MULGREW
26	0:60:30	70	Kilmarnock H&AC (70) (Sen)	1	13	0:13:42	Craig Ferguson
				2	18	00:14:54	Robert Lindsay
				3	22	00:15:49	Jamie Nix
				4	26	00:16:05	Scott Lyden
27	0:60:47	40	Garscube Harriers (40) (Sen)	1	33	0:15:04	Ian Thomson
				2	24	00:14:24	James Macleod
				3	25	00:15:11	Timothy Martin
				4	27	00:16:08	Iain McFarlane

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
28	0:60:52	32	Cumbernauld AAC (32) (Mas)	1	30	0:14:54	Ross McEachern
				2	28	00:14:54	Martin Fitchie
				3	29	00:15:37	Paul McMonagle
				4	28	00:15:27	Robert Bartley
29	0:61:14	52	Greenock Glenpark Harriers (52) (Sen)	1	17	0:14:04	Steven Campbell
				2	30	00:15:46	Duncan Anderson
				3	26	00:15:15	Oliver Reilly
				4	29	00:16:09	Robert Dolan
30	0:61:23	7	Bellahouston Harriers (7) (Sen)	1	41	0:15:36	Calum Ferguson
				2	36	00:15:55	Mark Matheson
				3	31	00:15:10	Scott Mason
				4	30	00:14:42	Thomas Smith
31	0:61:35	36	East Kilbride AC (36) (Sen)	1	38	0:15:17	Niall Walker
				2	34	00:15:31	Jack Kirwan
				3	30	00:15:25	Luke Kirwan
				4	31	00:15:22	Vincent Hastings
32	0:62:12	34	Dumbarton AAC (34) (Sen)	1	67	0:17:23	Paul Kelly
				2	48	00:15:00	Stuart McGillivray
				3	40	00:15:19	Peter Walsh
				4	32	00:14:30	Chris McClelland
33	0:62:16	101	Westerlands XC Club (101) (Sen)	1	37	0:15:15	Tom Elliotte
				2	38	00:16:26	Gordon McCaffrey
				3	41	00:16:11	Roderick Fleming
				4	33	00:14:24	James Callender
34	0:62:46	20	Cambuslang Harriers (20) (Mas)	1	36	0:15:12	Chris Upson
				2	35	00:16:10	Des Dickson
				3	32	00:15:22	John Macnamara
				4	34	00:16:02	Greg Hastie
35	0:62:48	29	Clydesdale Harriers (29) (Sen)	1	44	0:15:52	Daniel Burns
				2	27	00:13:54	Michael Miller
				3	39	00:17:48	Tony Dolan
				4	35	00:15:14	Iain Robertson
36	0:62:58	47	Giffnock North AC (47) (Sen)	1	51	0:16:20	Ewan Wallace
				2	41	00:15:37	Jeremy Fellick
				3	38	00:15:31	Andy Macdonald
				4	36	00:15:30	Ted Gourley

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
37	0:62:59	64	Irvine RC (64) (Sen)	1	39	0:15:23	Alex Allardyce
				2	32	00:15:09	Lee Shaw
				3	33	00:16:14	Colin Miller
				4	37	00:16:13	Owen McWilliams
38	0:63:00	91	Springburn Harriers (91) (Sen)	1	65	0:17:18	Joseph Chambers
				2	44	00:14:47	Daniel Bond
				3	36	00:15:11	Gary McBride
				4	38	00:15:44	Gary Blackwood
39	0:63:45	96	VP-Glasgow AC (96) (Mas)	1	28	0:14:51	Graeme Laing
				2	31	00:15:39	Crawford Little
				3	34	00:16:41	Peter Jardine
				4	39	00:16:34	Alex Potter
40	0:63:59	83	North Ayrshire AC (83) (Sen)	1	63	0:17:08	John Leitch
				2	47	00:15:07	Mark Preston
				3	37	00:15:05	Ian McIlwraith
				4	40	00:16:39	Craig Dailly
41	0:64:25	53	Greenock Glenpark Harriers (53) (Sen)	1	42	0:15:39	Owen Atkinson
				2	37	00:15:58	Paul Beaton
				3	43	00:16:34	Ross Neilson
				4	41	00:16:14	Stephen Hanley
42	0:64:45	102	Westerlands XC Club (102) (Sen)	1	18	0:14:06	James Bowden
				2	33	00:16:26	David Calder
				3	45	00:18:04	Ewen Kennedy
				4	42	00:16:09	Alex Osborne
43	0:65:13	14	Bellahouston RR (14) (Mas)	1	40	0:15:28	Liam Conway
				2	39	00:16:16	Ronnie Hart
				3	44	00:16:37	Kenneth Crawford
				4	43	00:16:52	Kevin Queenan
44	0:65:47	80	Motherwell AC (80) (Sen)	1	66	0:17:20	Scott Dickson
				2	40	00:14:32	Christopher MacDonald
				3	42	00:16:00	Iain Campbell
				4	44	00:17:55	Gary Arthur
45	0:66:10	3	Ayr Seaforth AC (3) (Sen)	1	60	0:16:45	Iain Pettigrew
				2	50	00:15:53	Stuart McLean
				3	46	00:16:44	Simon Kirk
				4	45	00:16:48	Alasdair Armstrong

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
46	0:66:11	48	Giffnock North AC (48) (Sen)	1	43	0:15:50	Donald Maclean
				2	52	00:17:01	Christopher Smith
				3	48	00:16:48	Rob Crusher
				4	46	00:16:32	Jason Steele
47	0:66:44	21	Cambuslang Harriers (21) (Mas)	1	52	0:16:20	Daniel O'Connell
				2	43	00:15:40	Paul Thompson
				3	56	00:19:19	David Stirling
				4	47	00:15:25	Michael O'Hagan
48	0:66:45	100	Westerlands XC Club (100) (Sen)	1	48	0:16:12	Christopher Butler
				2	45	00:15:55	Alasdair MacInnes
				3	64	00:20:31	John Quinn
				4	48	00:14:07	Niall McAlinden
49	0:67:29	9	Bellahouston Harriers (9) (Sen)	1	57	0:16:38	David Eames
				2	42	00:15:22	Donald MacLaren
				3	49	00:18:04	Darren Shields
				4	49	00:17:25	Kevin Smith
50	0:67:47	22	Cambuslang Harriers (22) (Mas)	1	62	0:17:02	Simon Gold
				2	54	00:16:05	Graeme Gallie
				3	50	00:17:05	Francis Hurley
				4	50	00:17:35	John Kelly
51	0:67:47	16	Calderglen Harriers (16) (Mas)	1	71	0:17:54	Jim Holmes
				2	70	00:17:57	Edward Reid
				3	63	00:16:40	Stephen Phimister
				4	51	00:15:16	Alan Derrick
52	0:67:59	94	Troon Tortoises AC (94) (Mas)	1	61	0:16:48	Graeme McKenzie
				2	58	00:17:18	Gerry Penman
				3	53	00:17:01	John McCabe
				4	52	00:16:52	Matt Pearce
53	0:68:06	41	Garscube Harriers (41) (Sen)	1	58	0:16:43	Peter Scott
				2	64	00:18:17	Kristan Alexander
				3	52	00:15:48	John Murray
				4	53	00:17:18	David McKay
54	0:68:55	97	VP-Glasgow AC (97) (Mas)	1	55	0:16:34	Sandy Gardner
				2	55	00:16:56	Andrew Law
				3	58	00:18:08	Tom Ord
				4	54	00:17:17	Ralph Connolly

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
55	0:69:04	87	Shettleston Harriers (87) (Mas)	1	81	0:19:12	Mark Grant
				2	66	00:16:05	Gareth Ellor
				3	66	00:18:15	Richard Millar
				4	55	00:15:32	Denis Williams
56	0:69:12	37	East Kilbride AC (37) (Mas)	1	54	0:16:26	Vincent Glennon
				2	59	00:17:42	Keith Charters
				3	57	00:17:12	John Edwards
				4	56	00:17:52	Michael Carlin
57	0:69:17	77	Law & District AAC (77) (Sen)	1	47	0:16:10	James McClafferty
				2	49	00:16:25	Kieran Cubis
				3	47	00:17:02	Ben Fountain
				4	57	00:19:40	David Nugent
58	0:69:18	93	Strathclyde Univ Harriers (93) (Sen)	1	87	0:22:31	James Dobbie
				2	81	00:17:44	Daniel Smith
				3	70	00:15:06	Scott Partyka
				4	58	00:13:57	Jamie McLaren
59	0:69:18	4	Ayr Seaforth AC (4) (Mas)	1	69	0:17:39	Laurence Baker
				2	60	00:16:31	Barry Duddy
				3	61	00:17:57	Timothy Downie
				4	59	00:17:11	Ian Young
60	0:69:45	12	Bellahouston RR (12) (Sen)	1	59	0:16:44	Jamie Robinson
				2	53	00:16:20	Alan Digweed
				3	55	00:18:08	Scott Mackintosh
				4	60	00:18:33	Martin White
61	0:70:13	57	Hamilton Harriers (57) (Mas)	1	49	0:16:14	James Breen
				2	67	00:19:20	Ross Bickerstaff
				3	60	00:16:18	Andrew McLinden
				4	61	00:18:21	Gordon Hay
62	0:71:45	71	Kilmarnock H&AC (71) (Sen)	1	68	0:17:25	Alasdair Murray
				2	62	00:17:19	Murray McDonald
				3	67	00:19:06	Mario Campagna
				4	62	00:17:55	Russell Duncan
63	0:72:10	42	Garscube Harriers (42) (Sen)	1	82	0:19:33	Paul Collins
				2	68	00:16:06	Duncan Boyd
				3	68	00:18:25	Mark Cathro
				4	63	00:18:06	Adrian Kearns

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
64	0:72:56	8	Bellahouston Harriers (8) (Sen)	1	73	0:18:17	John Cunningham
				2	73	00:18:40	Graham McMillan
				3	69	00:17:20	Max Steele
				4	64	00:18:39	Conor Doherty
65	0:74:52	17	Calderglen Harriers (17) (Mas)	1	84	0:20:05	David Wardrope
				2	77	00:18:00	Kenny Leinster
				3	74	00:19:24	George Ferguson
				4	65	00:17:23	Martin Howell
66	0:74:53	54	Greenock Glenpark Harriers (54) (Sen)	1	76	0:18:28	Frank McMahon
				2	78	00:19:48	Matthew Young
				3	75	00:19:49	James Campbell
				4	66	00:16:48	John Stevenson
67	0:75:07	78	Law & District AAC (78) (Sen)	1	74	0:18:23	Mark Milligan
				2	76	00:19:40	Richard Beattie
				3	71	00:17:23	Martin Kay
				4	67	00:19:41	Conor Butters
68	0:75:29	15	Bellahouston RR (15) (Sen)	1	79	0:19:01	Michael Lancaster
				2	72	00:17:23	Tom Ferris
				3	73	00:20:48	Thomas Burrridge
				4	68	00:18:17	Allon Galbraith
69	0:76:39	44	Garscube Harriers (44) (Sen)	1	70	0:17:44	James McAneny
				2	71	00:18:39	Norman Baillie
				3	65	00:16:27	Alexander Chisholm
				4	69	00:23:49	Thomas McKay
70	0:80:35	30	Clydesdale Harriers (30) (Sen)	1	72	0:18:11	Ryan Nelson
				2	80	00:20:54	Pete Cartwright
				3	76	00:19:46	Robert Young
				4	70	00:21:44	Peter Rudzinski

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	0:12:27	664	Matthew Turner	M- M Sen	Shettleston Harriers	1
2	00:12:31	351	Ryan Thomson	M- M Sen	Cambuslang Harriers	4
3	00:12:32	534	Connor Maclean	M- M Sen	Kilbarchan AAC	3
4	0:12:35	614	Jamie Burns	M- MU20	Shettleston Harriers	1
5	00:12:42	648	Lachlan Oates	M- M Sen	Shettleston Harriers	4
6	00:12:44	348	Fraser Stewart	M- M Sen	Cambuslang Harriers	3
7	00:12:47	324	Kevan Harvey	M- M Sen	Cambuslang Harriers	2
8	00:12:55	311	Alasdair Campbell	M- M Sen	Cambuslang Harriers	4
9	00:13:02	403	Thomas Berry	M- MU20	Garscube Harriers	2
10	00:13:04	330	Craig Jardine	M- M Sen	Cambuslang Harriers	3
11	00:13:05	494	Ross Gray	M- M Sen	Inverclyde AC	4
12	0:13:05	321	Stuart Gibson	M- M Sen	Cambuslang Harriers	1
13	00:13:06	384	John Fergusson	M- M Sen	East Kilbride AC	4
14	00:13:13	333	Jamie MacKinnon	M- M Sen	Cambuslang Harriers	2
15	00:13:15	378	Grant Baillie	M- M40	East Kilbride AC	2
16	00:13:17	270	Gregor Yates	M- M Sen	Bellahouston Harriers	3
17	00:13:23	252	Miguel Delgado Sillero	M- M Sen	Bellahouston Harriers	4
18	00:13:23	327	Benjamin Hukins	M- M40	Cambuslang Harriers	2
19	00:13:24	543	Cameron Wright	M- MU20	Kilbarchan AAC	2
20	00:13:24	653	Lewis Raeburn	M- MU20	Shettleston Harriers	3
21	0:13:25	247	Lewis Ross	M- MU20	Ayr Seaforth AC	1
22	0:13:25	532	Andrew MacAngus	M- MU20	Kilbarchan AAC	1
23	00:13:25	498	Adam Hay	M- MU20	Inverclyde AC	2
24	0:13:27	506	Jonathan Roebuck	M- M Sen	Inverclyde AC	1
25	0:13:28	535	Callum Matthews	M- M Sen	Kilbarchan AAC	1
26	0:13:30	432	Nikolai Gajic	M- MU20	Giffnock North AC	1
27	00:13:32	345	Colin Reilly	M- M Sen	Cambuslang Harriers	3
28	0:13:32	318	Ryan Donnelly	M- MU20	Cambuslang Harriers	1
29	00:13:32	313	Kenneth Campbell	M- M40	Cambuslang Harriers	4
30	0:13:33	424	Cody Stevenson	M- MU20	Garscube Harriers	1
31	00:13:36	619	Michael Deason	M- M Sen	Shettleston Harriers	2
32	0:13:38	343	Struan Paton	M- MU20	Cambuslang Harriers	1
33	00:13:39	339	Christopher McLew	M- MU20	Cambuslang Harriers	2
34	00:13:39	392	Martin Lynas	M- M Sen	East Kilbride AC	3
35	0:13:40	336	Stuart McGeachy	M- M40	Cambuslang Harriers	1
36	00:13:41	419	Donald McPartlin	M- M Sen	Garscube Harriers	3
37	00:13:42	347	Gordon Robertson	M- M Sen	Cambuslang Harriers	2
38	0:13:42	547	Craig Ferguson	M- M Sen	Kilmarnock H&AC	1
39	00:13:43	505	Mark Pollard	M- M Sen	Inverclyde AC	3
40	0:13:44	269	Greg Templeton	M- M Sen	Bellahouston Harriers	1
41	0:13:44	583	Darran Muir	M- M40	Law & District AAC	1
42	00:13:46	527	Robbie Ferguson	M- M Sen	Kilbarchan AAC	4
43	00:13:50	659	Paul Sorrie	M- M40	Shettleston Harriers	3
44	00:13:53	244	Kenneth Neill	M- M40	Ayr Seaforth AC	4
45	00:13:53	458	Calum Young	M- MU20	Giffnock North AC	3
46	00:13:54	360	Michael Miller	M- MU20	Clydesdale Harriers	2
47	00:13:55	332	Ruairidh MacGregor	M- MU20	Cambuslang Harriers	3
48	0:13:57	491	Mark Doherty	M- M Sen	Inverclyde AC	1
49	00:13:57	678	Jamie McLaren	M- M Sen	Strathclyde Univ Harriers	4
50	00:14:00	353	Stephen Wylie	M- M45	Cambuslang Harriers	3

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
51	00:14:00	314	Andrew Carey	M- MU20	Cambuslang Harriers	4
52	00:14:00	490	Dylan Crawford	M- MU20	Inverclyde AC	2
53	00:14:03	234	Daniel Stuart Graham	M- M Sen	Ayr Seaforth AC	2
54	0:14:04	465	Steven Campbell	M- M45	Greenock Glenpark Harriers	1
55	00:14:04	497	Andrew Harkins	M- M40	Inverclyde AC	3
56	00:14:05	264	Rudi Paul	M- MU20	Bellahouston Harriers	2
57	00:14:05	411	John Coyle	M- M45	Garscube Harriers	4
58	0:14:06	706	James Bowden	M- M Sen	Westerlands XC Club	1
59	00:14:06	423	Craig Shields	M- M Sen	Garscube Harriers	4
60	00:14:07	717	Niall McAlinden	M- M Sen	Westerlands XC Club	4
61	00:14:10	237	Grahame Hopper	M- M Sen	Ayr Seaforth AC	3
62	00:14:11	426	Jack Bell	M- MU20	Giffnock North AC	2
63	00:14:11	496	Jon Hammerman	M- M Sen	Inverclyde AC	4
64	0:14:12	429	Michael Cross	M- M Sen	Giffnock North AC	1
65	00:14:12	513	Ross Harvey	M- M Sen	Irvine RC	3
66	0:14:14	524	Colin Whitby	M- M Sen	Irvine RC	1
67	00:14:15	456	Cris Walsh	M- M45	Giffnock North AC	4
68	0:14:16	344	Drew Pollock	M- MU20	Cambuslang Harriers	1
69	00:14:18	447	Andrew Robertson	M- MU20	Giffnock North AC	4
70	00:14:19	521	William Richardson	M- M45	Irvine RC	4
71	0:14:21	246	Brian Robinson	M- M40	Ayr Seaforth AC	1
72	00:14:23	422	Daniel Scroop	M- M45	Garscube Harriers	2
73	00:14:23	636	Peter Mackie	M- M40	Shettleston Harriers	2
74	0:14:23	588	Allan Cameron	M- M45	Motherwell AC	1
75	00:14:24	709	James Callender	M- M Sen	Westerlands XC Club	4
76	00:14:24	413	James Macleod	M- M Sen	Garscube Harriers	2
77	00:14:26	586	Stephen Allen	M- M50	Motherwell AC	4
78	00:14:28	541	Conor Thomson	M- M Sen	Kilbarchan AAC	3
79	00:14:30	375	Chris McClelland	M- M Sen	Dumbarton AAC	4
80	0:14:31	381	Jamie Clements	M- M Sen	East Kilbride AC	1
81	00:14:32	578	Ross Hill	M- M Sen	Law & District AAC	2
82	00:14:32	596	Christopher MacDonald	M- M Sen	Motherwell AC	2
83	00:14:32	248	Scott Sprang	M- MU20	Ayr Seaforth AC	4
84	00:14:36	515	Paul Lafferty	M- M Sen	Irvine RC	2
85	00:14:40	435	Chris Greenhalgh	M- M45	Giffnock North AC	3
86	00:14:41	577	Matthew Gillon	M- MU20	Law & District AAC	3
87	0:14:42	283	Stuart Laurence	M- M Sen	Bellahouston RR	1
88	00:14:42	267	Thomas Smith	M- M Sen	Bellahouston Harriers	4
89	0:14:44	340	Kai Newell	M- MU20	Cambuslang Harriers	1
90	00:14:44	443	Jordan Orr	M- M Sen	Giffnock North AC	2
91	00:14:44	592	Mark Gallacher	M- M45	Motherwell AC	2
92	00:14:46	286	BRYAN MULGREW	M- M Sen	Bellahouston RR	4
93	0:14:46	410	Marco Consani	M- M40	Garscube Harriers	1
94	00:14:47	669	Daniel Bond	M- M Sen	Springburn Harriers	2
95	00:14:50	650	Michael Paxton	M- M Sen	Shettleston Harriers	3
96	00:14:51	454	Oliver Traynor	M- M Sen	Giffnock North AC	3
97	00:14:51	652	Adam Peters	M- M Sen	Shettleston Harriers	2
98	0:14:51	698	Graeme Laing	M- M40	VP-Glasgow AC	1
99	0:14:52	428	Luke Chamberlain	M- M45	Giffnock North AC	1
100	00:14:53	537	Victor McGregor	M- M Sen	Kilbarchan AAC	2

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
101	00:14:54	442	John O'Donnell	M- M45	Giffnock North AC	2
102	00:14:54	549	Robert Lindsay	M- M45	Kilmarnock H&AC	2
103	0:14:54	372	Ross McEachern	M- M50	Cumbernauld AAC	1
104	00:14:54	369	Martin Fitchie	M- M40	Cumbernauld AAC	2
105	00:14:55	289	Simon Wells	M- M Sen	Bellahouston RR	2
106	0:14:56	444	Graeme Paterson	M- M45	Giffnock North AC	1
107	00:14:58	241	Stephen McCrorie	M- M45	Ayr Seaforth AC	2
108	0:14:59	368	Vincent Carroll	M- M50	Cumbernauld AAC	1
109	00:14:59	507	David Tamburini	M- M45	Inverclyde AC	3
110	00:15:00	376	Stuart McGillivray	M- M Sen	Dumbarton AAC	2
111	00:15:01	407	Alexander Chalmers	M- M50	Garscube Harriers	3
112	0:15:04	425	Ian Thomson	M- M Sen	Garscube Harriers	1
113	00:15:05	602	Ian McIlwraith	M- M45	North Ayrshire AC	3
114	00:15:06	441	Kieren Mooney	M- MU20	Giffnock North AC	4
115	00:15:06	679	Scott Partyka	M- M Sen	Strathclyde Univ Harriers	3
116	00:15:07	603	Mark Preston	M- M Sen	North Ayrshire AC	2
117	0:15:07	502	Jason Kane	M- M Sen	Inverclyde AC	1
118	00:15:09	522	Lee Shaw	M- M Sen	Irvine RC	2
119	00:15:10	261	Scott Mason	M- M Sen	Bellahouston Harriers	3
120	0:15:10	629	Walter Henderson	M- M50	Shettleston Harriers	1
121	00:15:11	414	Timothy Martin	M- M Sen	Garscube Harriers	3
122	00:15:11	673	Gary McBride	M- M Sen	Springburn Harriers	3
123	0:15:12	352	Chris Upson	M- M55	Cambuslang Harriers	1
124	00:15:14	362	Iain Robertson	M- M40	Clydesdale Harriers	4
125	0:15:15	710	Tom Elliotte	M- M Sen	Westerlands XC Club	1
126	00:15:15	477	Oliver Reilly	M- M Sen	Greenock Glenpark Harriers	3
127	00:15:16	294	Alan Derrick	M- M50	Calderglen Harriers	4
128	0:15:17	400	Niall Walker	M- M Sen	East Kilbride AC	1
129	00:15:19	377	Peter Walsh	M- M Sen	Dumbarton AAC	3
130	00:15:22	334	John Macnamara	M- M40	Cambuslang Harriers	3
131	00:15:22	389	Vincent Hastings	M- M Sen	East Kilbride AC	4
132	00:15:22	260	Donald MacLaren	M- M40	Bellahouston Harriers	2
133	0:15:23	508	Alex Allardyce	M- M45	Irvine RC	1
134	00:15:23	589	Ewen Cameron	M- M40	Motherwell AC	3
135	00:15:25	342	Michael O'Hagan	M- M50	Cambuslang Harriers	4
136	00:15:25	391	Luke Kirwan	M- M Sen	East Kilbride AC	3
137	00:15:27	367	Robert Bartley	M- M40	Cumbernauld AAC	4
138	0:15:28	273	Liam Conway	M- M50	Bellahouston RR	1
139	00:15:30	434	Ted Gourley	M- M55	Giffnock North AC	4
140	00:15:31	390	Jack Kirwan	M- M Sen	East Kilbride AC	2
141	00:15:31	337	Matthew McKenna	M- M Sen	Cambuslang Harriers	4
142	00:15:31	438	Andy Macdonald	M- M40	Giffnock North AC	3
143	00:15:32	665	Denis Williams	M- M55	Shettleston Harriers	4
144	00:15:35	278	Paul Gordon	M- M Sen	Bellahouston RR	3
145	0:15:36	255	Calum Ferguson	M- M Sen	Bellahouston Harriers	1
146	00:15:37	373	Paul McMonagle	M- M50	Cumbernauld AAC	3
147	00:15:37	431	Jeremy Fellick	M- M50	Giffnock North AC	2
148	00:15:39	700	Crawford Little	M- M50	VP-Glasgow AC	2
149	0:15:39	462	Owen Atkinson	M- M40	Greenock Glenpark Harriers	1
150	00:15:40	350	Paul Thompson	M- M60	Cambuslang Harriers	2

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
151	00:15:44	668	Gary Blackwood	M- M45	Springburn Harriers	4
152	00:15:46	461	Duncan Anderson	M- M Sen	Greenock Glenpark Harriers	2
153	00:15:46	656	Brian Scally	M- M50	Shettleston Harriers	4
154	00:15:48	420	John Murray	M- M40	Garscube Harriers	3
155	00:15:49	557	Jamie Nix	M- MU20	Kilmarnock H&AC	3
156	00:15:49	243	Alasdair Meldrum	M- M45	Ayr Seaforth AC	3
157	0:15:50	439	Donald Maclean	M- MU20	Giffnock North AC	1
158	0:15:52	354	Daniel Burns	M- M Sen	Clydesdale Harriers	1
159	00:15:53	242	Stuart McLean	M- M45	Ayr Seaforth AC	2
160	0:15:54	399	David Thomson	M- M Sen	East Kilbride AC	1
161	00:15:55	262	Mark Matheson	M- M Sen	Bellahouston Harriers	2
162	00:15:55	716	Alasdair MacInnes	M- M Sen	Westerlands XC Club	2
163	00:15:58	463	Paul Beaton	M- M40	Greenock Glenpark Harriers	2
164	00:16:00	590	Iain Campbell	M- M40	Motherwell AC	3
165	00:16:02	325	Greg Hastie	M- M45	Cambuslang Harriers	4
166	0:16:04	563	Graeme Little	M- M40	Kirkintilloch Olympians	1
167	00:16:05	622	Gareth Ellor	M- M45	Shettleston Harriers	2
168	00:16:05	550	Scott Lyden	M- M Sen	Kilmarnock H&AC	4
169	00:16:05	320	Graeme Gallie	M- M40	Cambuslang Harriers	2
170	00:16:06	404	Duncan Boyd	M- M50	Garscube Harriers	2
171	00:16:08	416	Iain McFarlane	M- M40	Garscube Harriers	4
172	00:16:09	536	Robert McCulloch	M- M55	Kilbarchan AAC	4
173	00:16:09	719	Alex Osborne	M- M Sen	Westerlands XC Club	4
174	00:16:09	467	Robert Dolan	M- M45	Greenock Glenpark Harriers	4
175	00:16:10	317	Des Dickson	M- M60	Cambuslang Harriers	2
176	0:16:10	581	James McClafferty	M- MU20	Law & District AAC	1
177	00:16:11	712	Roderick Fleming	M- M Sen	Westerlands XC Club	3
178	0:16:12	707	Christopher Butler	M- M Sen	Westerlands XC Club	1
179	00:16:13	518	Owen McWilliams	M- M Sen	Irvine RC	4
180	00:16:14	519	Colin Miller	M- M60	Irvine RC	3
181	0:16:14	483	James Breen	M- M50	Hamilton Harriers	1
182	00:16:14	469	Stephen Hanley	M- M Sen	Greenock Glenpark Harriers	4
183	0:16:15	605	Stuart McCandless	M- M45	Royal Mail Run GMC	1
184	00:16:16	281	Ronnie Hart	M- M45	Bellahouston RR	2
185	00:16:18	487	Andrew McLinden	M- M65	Hamilton Harriers	3
186	00:16:18	585	Paul White	M- M Sen	Law & District AAC	4
187	00:16:18	621	John J Duffy	M- M55	Shettleston Harriers	3
188	0:16:20	341	Daniel O'Connell	M- M50	Cambuslang Harriers	1
189	0:16:20	455	Ewan Wallace	M- M40	Giffnock North AC	1
190	00:16:20	275	Alan Digweed	M- M40	Bellahouston RR	2
191	00:16:21	319	Kenny Finlayson	M- M40	Cambuslang Harriers	3
192	00:16:25	575	Kieran Cubis	M- M Sen	Law & District AAC	2
193	0:16:26	387	Vincent Glennon	M- M45	East Kilbride AC	1
194	0:16:26	624	Simon Gay	M- M50	Shettleston Harriers	1
195	00:16:26	718	Gordon McCaffrey	M- M65	Westerlands XC Club	2
196	00:16:26	708	David Calder	M- M55	Westerlands XC Club	2
197	00:16:27	408	Alexander Chisholm	M- M60	Garscube Harriers	3
198	00:16:31	233	Barry Duddy	M- M45	Ayr Seaforth AC	2
199	00:16:32	450	Jason Steele	M- M45	Giffnock North AC	4
200	0:16:34	694	Sandy Gardner	M- M45	VP-Glasgow AC	1

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
201	00:16:34	475	Ross Neilson	M- M40	Greenock Glenpark Harriers	3
202	00:16:34	702	Alex Potter	M- M55	VP-Glasgow AC	4
203	0:16:36	511	Alan Douglas	M- M Sen	Irvine RC	1
204	00:16:37	274	Kenneth Crawford	M- M50	Bellahouston RR	3
205	0:16:38	254	David Eames	M- M Sen	Bellahouston Harriers	1
206	00:16:39	598	Craig Dailly	M- M Sen	North Ayrshire AC	4
207	00:16:40	303	Stephen Phimister	M- M50	Calderglen Harriers	3
208	00:16:41	696	Peter Jardine	M- M50	VP-Glasgow AC	3
209	00:16:42	570	Jonathan Sharp	M- M Sen	Kirkintilloch Olympians	2
210	0:16:43	421	Peter Scott	M- M40	Garscube Harriers	1
211	00:16:44	238	Simon Kirk	M- M45	Ayr Seaforth AC	3
212	0:16:44	288	Jamie Robinson	M- M Sen	Bellahouston RR	1
213	0:16:45	245	Iain Pettigrew	M- M50	Ayr Seaforth AC	1
214	00:16:48	430	Rob Crusher	M- M50	Giffnock North AC	3
215	0:16:48	684	Graeme McKenzie	M- M45	Troon Tortoises AC	1
216	00:16:48	230	Alasdair Armstrong	M- MU20	Ayr Seaforth AC	4
217	00:16:48	479	John Stevenson	M- M45	Greenock Glenpark Harriers	4
218	00:16:52	287	Kevin Queenan	M- M45	Bellahouston RR	4
219	00:16:52	685	Matt Pearce	M- M45	Troon Tortoises AC	4
220	00:16:56	699	Andrew Law	M- M60	VP-Glasgow AC	2
221	00:17:01	449	Christopher Smith	M- M50	Giffnock North AC	2
222	00:17:01	683	John McCabe	M- M50	Troon Tortoises AC	3
223	00:17:02	576	Ben Fountain	M- M Sen	Law & District AAC	3
224	0:17:02	323	Simon Gold	M- M40	Cambuslang Harriers	1
225	00:17:05	329	Francis Hurley	M- M65	Cambuslang Harriers	3
226	00:17:08	493	Robert Gray	M- M45	Inverclyde AC	2
227	0:17:08	601	John Leitch	M- M Sen	North Ayrshire AC	1
228	00:17:11	249	Ian Young	M- M40	Ayr Seaforth AC	4
229	00:17:12	383	John Edwards	M- M40	East Kilbride AC	3
230	0:17:15	667	Kevin Beeby	M- M Sen	Springburn Harriers	1
231	00:17:17	691	Ralph Connolly	M- M50	VP-Glasgow AC	4
232	0:17:18	670	Joseph Chambers	M- M Sen	Springburn Harriers	1
233	00:17:18	686	Gerry Penman	M- M45	Troon Tortoises AC	2
234	00:17:18	417	David McKay	M- M Sen	Garscube Harriers	4
235	00:17:19	554	Murray McDonald	M- M Sen	Kilmarnock H&AC	2
236	00:17:20	268	Max Steele	M- M Sen	Bellahouston Harriers	3
237	0:17:20	591	Scott Dickson	M- M Sen	Motherwell AC	1
238	00:17:23	298	Martin Howell	M- M50	Calderglen Harriers	4
239	00:17:23	579	Martin Kay	M- M40	Law & District AAC	3
240	00:17:23	675	Alistair Peat	M- M40	Springburn Harriers	3
241	00:17:23	276	Tom Ferris	M- M50	Bellahouston RR	2
242	0:17:23	374	Paul Kelly	M- M Sen	Dumbarton AAC	1
243	00:17:23	606	Robert White	M- M50	Royal Mail Run GMC	3
244	00:17:24	628	Jan Gruter	M- M Sen	Shettleston Harriers	4
245	00:17:25	266	Kevin Smith	M- M60	Bellahouston Harriers	4
246	0:17:25	555	Alasdair Murray	M- M50	Kilmarnock H&AC	1
247	00:17:35	331	John Kelly	M- M45	Cambuslang Harriers	4
248	0:17:39	231	Laurence Baker	M- M60	Ayr Seaforth AC	1
249	00:17:42	380	Keith Charters	M- M50	East Kilbride AC	2
250	00:17:44	680	Daniel Smith	M- M Sen	Strathclyde Univ Harriers	2

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
251	0:17:44	415	James McAneny	M- M60	Garscube Harriers	1
252	00:17:45	382	Gordon Colvin	M- M60	East Kilbride AC	2
253	00:17:47	674	Willie Munro	M- M55	Springburn Harriers	2
254	00:17:48	358	Tony Dolan	M- M Sen	Clydesdale Harriers	3
255	00:17:52	379	Michael Carlin	M- M40	East Kilbride AC	4
256	0:17:54	297	Jim Holmes	M- M50	Calderglen Harriers	1
257	00:17:55	546	Russell Duncan	M- M55	Kilmarnock H&AC	4
258	00:17:55	587	Gary Arthur	M- M Sen	Motherwell AC	4
259	00:17:57	232	Timothy Downie	M- M60	Ayr Seaforth AC	3
260	00:17:57	304	Edward Reid	M- M55	Calderglen Harriers	2
261	00:18:00	604	Donnie Inglis	M- M50	Royal Mail Run GMC	2
262	00:18:00	300	Kenny Leinster	M- M60	Calderglen Harriers	2
263	00:18:04	715	Ewen Kennedy	M- M Sen	Westerlands XC Club	3
264	00:18:04	265	Darren Shields	M- M Sen	Bellahouston Harriers	3
265	00:18:06	412	Adrian Kearns	M- M60	Garscube Harriers	4
266	00:18:08	284	Scott Mackintosh	M- M40	Bellahouston RR	3
267	00:18:08	701	Tom Ord	M- M60	VP-Glasgow AC	3
268	0:18:11	361	Ryan Nelson	M- M Sen	Clydesdale Harriers	1
269	00:18:15	644	Richard Millar	M- M40	Shettleston Harriers	3
270	00:18:17	277	Allon Galbraith	M- M60	Bellahouston RR	4
271	0:18:17	251	John Cunningham	M- M50	Bellahouston Harriers	1
272	00:18:17	401	Kristan Alexander	M- M40	Garscube Harriers	2
273	00:18:21	485	Gordon Hay	M- M45	Hamilton Harriers	4
274	0:18:23	582	Mark Milligan	M- M45	Law & District AAC	1
275	0:18:25	681	Steven Burnside	M- M40	Troon Tortoises AC	1
276	00:18:25	406	Mark Cathro	M- M50	Garscube Harriers	3
277	0:18:28	472	Frank McMahon	M- M65	Greenock Glenpark Harriers	1
278	00:18:28	613	Iain Burns	M- M40	Shettleston Harriers	2
279	00:18:33	290	Martin White	M- M45	Bellahouston RR	4
280	0:18:33	597	Kevin McPhillips	M- M45	Motherwell AC	1
281	00:18:39	402	Norman Baillie	M- M70	Garscube Harriers	2
282	00:18:39	253	Conor Doherty	M- M Sen	Bellahouston Harriers	4
283	00:18:40	263	Graham McMillan	M- M50	Bellahouston Harriers	2
284	00:18:41	240	Stuart McColm	M- M50	Ayr Seaforth AC	2
285	0:18:55	236	John Hannah	M- M40	Ayr Seaforth AC	1
286	00:19:00	594	Scott Kelman	M- M Sen	Motherwell AC	2
287	0:19:01	282	Michael Lancaster	M- M40	Bellahouston RR	1
288	0:19:06	256	Gordon Gallacher	M- M45	Bellahouston Harriers	1
289	00:19:06	544	Mario Campagna	M- M50	Kilmarnock H&AC	3
290	00:19:12	520	Andrew Rennie	M- M70	Irvine RC	2
291	0:19:12	627	Mark Grant	M- M40	Shettleston Harriers	1
292	00:19:16	595	Alastair Loudon	M- M Sen	Motherwell AC	3
293	00:19:18	316	Iain Crawford	M- M50	Cambuslang Harriers	2
294	00:19:19	349	David Stirling	M- M45	Cambuslang Harriers	3
295	00:19:20	482	Ross Bickerstaff	M- M60	Hamilton Harriers	2
296	00:19:24	296	George Ferguson	M- M55	Calderglen Harriers	3
297	0:19:33	409	Paul Collins	M- M50	Garscube Harriers	1
298	00:19:40	573	Richard Beattie	M- M Sen	Law & District AAC	2
299	00:19:40	584	David Nugent	M- MU20	Law & District AAC	4
300	00:19:41	574	Conor Butters	M- M Sen	Law & District AAC	4

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
301	00:19:46	365	Robert Young	M- M75	Clydesdale Harriers	3
302	00:19:48	480	Matthew Young	M- M Sen	Greenock Glenpark Harriers	2
303	00:19:49	466	James Campbell	M- M40	Greenock Glenpark Harriers	3
304	0:19:50	553	Leslie Mc Derment	M- M45	Kilmarnock H&AC	1
305	00:19:51	687	David Ruthven	M- M55	Troon Tortoises AC	2
306	0:20:05	308	David Wardrope	M- M45	Calderglen Harriers	1
307	0:20:30	272	Matthew Campbell	M- M Sen	Bellahouston RR	1
308	00:20:31	720	John Quinn	M- M60	Westerlands XC Club	3
309	0:20:42	302	Gordon McInally	M- M50	Calderglen Harriers	1
310	00:20:48	271	Thomas BurrIDGE	M- M Sen	Bellahouston RR	3
311	00:20:54	356	Pete Cartwright	M- M75	Clydesdale Harriers	2
312	00:21:29	235	Ross Green	M- M55	Ayr Seaforth AC	3
313	00:21:44	363	Peter Rudzinski	M- M65	Clydesdale Harriers	4
314	0:22:31	677	James Dobbie	M- M Sen	Strathclyde Univ Harriers	1
315	00:22:45	258	Thomas Keenan	M- M60	Bellahouston Harriers	2
316	00:23:49	418	Thomas McKay	M- M60	Garscube Harriers	4